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CYMRU  
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Bwrdd Iechyd Prifysgol  
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University Health Board



**Therapi Galwedigaethol Plant**  
Canolfan Iechyd Plant Wrecsam  
Ffordd Croesnewydd, Wrecsam LL13 7TD

**Children's Occupational Therapy**  
Wrexham Child Health Centre,  
Croesnewydd Road, Wrexham LL13 7TD

## Visual Perception

Visual perception is the ability to use and interpret visual information and give meaning to what is seen. It is made up of the visual tracking, visual discrimination, figure ground discrimination, form consistency, visual closure, visual memory and visual spatial skills.

Children that may be experiencing difficulties with their visual perception may have difficulties with handwriting often reversing letters, writing backwards or have difficulty concentrating. They may have difficulty with dressing skills such as buttons and zips.

### Activities to try:

- Candid camera - without warning, ask the child to close their eyes and describe something e.g. what they are wearing / what the room looks like etc.
- I Spy - using the colour / size / shape / or beginning letter of something in plain sight, the child has to guess the object.
- Memory game (Kim's game) - place a number of objects (eg.4-5 initially) on a tray ask the child to look at the objects for 30 seconds, cover the tray, and try to remember as many items as possible



- What's been moved - in a familiar room, one person closes their eyes while another person quietly moves an object in the room to another position. The first person then tries to guess what's been moved.
- Concentration game (memory cards)
- General recall - ask the child what they had for lunch / what they watch on T.V. / what certain animals look like
- Page recall - open story book to a page, look at it for a while, close the book and ask the child to find the page

- Shell game - using 3 cups and a button, place the button under one of the cups and move them around, the child has to guess where the button is.
- Map making - child makes a map of their room / house / school
- Peg board copycat - make a design and ask the child to copy it
- Letter game - circle all of the similar letters in a paragraph



- Mazes
- Dot-to-dot
- Spot the difference
- Jigsaw puzzles
- Simon say's game
- Matching / sorting / copying activities

