



This splint is a Thumb Post Splint it is designed to stabilise the metacarpal phalange joint (MCP) the joint at the lowest part of thumb.



The Thumb Post splint has been made for the Left/Right thumb. It should be worn during handwriting activities at home and in school.

#### **Precautions and Care:**

Some marking of the skin is inevitable. This marking should disappear within 15-20 minutes of the splint being removed; if the markings do not disappear the splint may not be fitting correctly or may have gone too small and may need to be adjusted/re-made. Do not continue to use and please contact the Occupational Therapy Department .

Do not pad out the splint to make it more comfortable. This will cause areas of greater pressure on the skin, which can irritate and create sores.

Splints can be cleaned with warm soapy water and towel dried.

Do not put the splint in hot water, on a radiator or leave on the dash board of a vehicle it will melt and will cause damage!

Remember to check pockets before putting clothes in the wash and especially the tumble dryer.

Children's hands grow quickly. Consequently this splint may not last very long. It will need to be either adjusted or re-made. If the splint is worn out, lost, is difficult to put on or remove, you need to contact the Children's Occupational Therapy Team.

**YOUR CHILD WILL NOT RECEIVE A REVIEW APPOINTMENT AUTOMATICALLY.**

If you have any further questions please contact the Children's Occupational Therapy Department within your area on :

**Gwynedd and Môn**

**03000 851759**

**Conwy and Denbighshire**

**03000 855962**