Children's Occupational Therapy

Soft Pencil Grip



This is a ready-made soft rubber grip designed to help position the fingers and thumb correctly when holding a standard pen or pencil.

Correct positioning is important to allow the finger movement needed to form letters and reduce pain and effort when writing.

When putting the grip on the pencil make sure the narrow end is closest to the pencil tip

For a right-handed child the thumb is placed on the indent marked with an 'R' with the index finger placed as shown.

For a left-handed child the thumb is placed on the indent marked with an 'L'.

In both cases the pencil grip rests on the middle finger on the third side of the grip.

The position of the fingers that the grip encourages may take some time for your child to get used to. This is not unusual. Please keep trying and contact your OT if your child has difficulty adjusting to it.

It is likely that initially; your child will require frequent reminders on where to place his/her fingers on the grip. This grip is best used for writing and drawing activities as often as possible at both home and school. By using the grip in this way it is hoped that the child will, in time, adopt this position of the fingers when not using the grip.

If you require extra or replacement grips, they are available from:

www.specialdirect.com

www.crossboweducation.com

www.amazon.co.uk





