Children's Occupational Therapy

Use of Caring Cutlery

Caring cutlery has been designed to help the child when eating at meal times. The plastic handles are moulded (there are dents for the fingers to rest in) which encourages a good grip and better control.



How to use the Caring Cutlery:

1. Decide which hand you are going to hold the fork in.

Hold the fork, pointing the index finger in the dent.



2. Hold the knife in the other hand, pointing the index finger in the dent.



3. Push the fork into the food and cut with the knife using a sawing movement.





The cutlery may be washed in the dishwasher or with warm water and detergent.

You may purchase the Caring Cutlery (brown handles)

Or

Junior Caring Cutlery (white handles) from the following suppliers:

Byw Bywyd

Caernarfon

Tel: 01286 830101

Nottingham Rehab Supplies

Tel: 0845 1204522

Website: www.nrs-uk.co.uk

Complete Care Shop

Tel: 0845 5194734

Website: www.completecareshop.co.uk