



FALLS RISK ASSESSMENT TOOL (FRAT) FALLS PREVENTION SERVICE REFERRAL

Complete the following questions with the patient and return to the appropriate Falls Prevention Team (Contact Details Overleaf)

Name of Patient:		Signature:	
Date of Birth:		Telephone Number:	
Address:			
Name of Referrer:		Designation:	
Contact Details of Referrer:			

Reason for Referral:

Date of Referral:

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Lone Worker Risks:

Lone Worker Risks:

- | | YES | NO |
|---|-----|-----|
| 1. Is there a history of any falls in the previous year?
How assessed? Ask the person | [] | [] |
| 2. Is the patient/client on four or more medications per day?
How assessed? Ask the person | [] | [] |
| 3. Does the patient/client have a diagnosis of Stroke or Parkinson's Disease? How assessed? Ask the person | [] | [] |
| 4. Does the patient/client report any problems with their balance?
How assessed? Ask the person | [] | [] |
| 5. Is the patient/client unable to rise from a chair of knee height?
How assessed? Ask the person to stand up from a chair of knee height without using their arms | [] | [] |



AREA	ADDRESS	TEL	FAX/EMAIL
Anglesey	Falls Prevention Service Physiotherapy Dept Ysbyty Penrhos Stanley Holyhead LL65 2QA	01407 766065	01407 766091 (FTAO: Falls Prevention Service)
Gwynedd	Falls Prevention Service Physiotherapy Dept Ysbyty Eryri Caernarfon Gwynedd LL55 2YE	01286 662723	01286 662755 (FTAO: Marie Thorne) BCU.FallsReferralsWest@wales.nhs.uk
Conwy	Single Point of Access Colwyn Bay Leisure Centre Abergele Road Colwyn Bay LL29 7SP	0300 456 1111	01492 576330 BCU.FallsReferralsConwy@wales.nhs.uk
Denbighshire	Falls Prevention Service Single Point of Access Russell House Rhyl Denbighshire	0300 456 1000	01824 712888 BCU.FallsReferralsDenbighshire@wales.nhs.uk
Flintshire	Falls Prevention Service Single Point of Access Preswylfa Hendy Road Mold CH7 1PZ	01352 803410	ssduty@flintshire.gov.uk
Wrexham	Jo Davies Falls Prevention Service Rehab Unit for the Elderly Wrexham Maelor Croesnewydd Road Wrexham LL13 7TD	01978 727745	01978 727701 (FTAO: Jo Davies)