

**A oes gennych chi boen / broblem gyda  
Chymal / Asgwrn / Cyhyr / meinwe cysylltiol?  
A ydych angen gwybodaeth / eich cyfeirio?**

Ewch ar:-

Wefan Bwrdd Iechyd Betsi Cadwaladr:-

<https://bipbc.gig.cymru/>

Chwiliwch **MSD** - dewiswch ac agorwch  
Dudalen **ARMA** Page o'r Canlyniadau Chwilio



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Betsi Cadwaladr  
University Health Board



**Do you have a Joint / Bone/ Muscle/  
Connective tissue problem / pain?**

Need Information / signposting?

Visit:-

Betsi Cadwaladr University Health Board

Webpage:-

<https://bcuhb.nhs.wales/>

Search **MSD** - select and open  
**ARMA** Page from Search Results