



EATING WELL FOR PRE-SCHOOL CHILDREN

Eating Well for Pre-school Children training will enable you to cascade evidence based, consistent food and nutrition messages to children (under 5's) and families and to improve snack and drink provision within early years settings.

This training is suitable for anyone who works with under 5's such as child minders, playgroups, family centres and nursery staff.

Childcare settings that provide only snacks and drinks who wish to apply for Tiny Tums Best Practice Award must nominate a minimum of one staff member to attend and complete the training.

Childcare setting staff are required to attend during the every three years to apply for re-accreditation of the Tiny Tums Best Practice Award.

TRAINING OVERVIEW

- Face to face and virtual classroom options are available
- Usually delivered as one 2 ½ hour session but alternative formats can be considered
- A Certificate of Attendance is awarded to learners who attend and complete this training



PARTICIPANT FEEDBACK

'Very pleased with the course provided, refreshed memory and made me think more about snacks provided'

'Really useful course, would highly recommend'

'Really enjoyed the course, I learned lots of new information'

'Very useful handouts to share with parents'