



Llandudno
Fibromyalgia
Support
Network

When and Why? :

Llandudno Fibromyalgia Support Network was founded in April 2019.

The purpose of this group is to enable sufferers of Fibromyalgia and similar debilitating conditions to meet in a safe and non-judgemental setting to offer and find support.

We currently meet weekly, every Tuesday at 11.15am for approximately 2hr at The Trinity Centre, Trinity Avenue, Llandudno LL30 2TQ (though these dates and venues may move around to accommodate more members).

Where we differ from many groups, we invite guest speakers, therapists, service providers to sponsor the event by way of talking and demonstrating the service they provide. Many provide ongoing discounts to LFSN Members.

What is the cost :

Annual Membership is £10 April 2019-March 2020

Weekly meetings £1 per member / £2 non-members / carers FREE

This goes towards covering the cost of the room hire and refreshments.

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NOTE : I too suffer with Fibromyalgia, I created this group to be a positive influence on our lives. Please be patient if I don't reply immediately. Also, don't be afraid to remind me : Fibro-Fog affects me too.