

Bundle Health Board Trustees 23 January 2020

1.30pm Neuadd Reichel, Ffriddoedd Rd, Bangor LL57 2TR

- 1 13:30 - 20/1 Annual Report and Accounts - Mrs Sue Hill
Recommendation:
The Board, as the Corporate Trustee, is asked to receive the Charitable Funds Annual Report and Financial Statements for 2018/19.
20.1a Annual Report Accounts 2018-19.docx
20.1b Annual Report & Accounts 2018-19 Appendix 1 English.pdf
- 2 13:35 - 20/2 Regulatory Update and Charity Guidance - Mrs Kirsty Thomson
Recommendation:
The Health Board is asked to note the report.
20.2 Regulatory Updates and Charity Guidance.docx
- 3 13:40 - 20/3 An annual round up of Awyr Las and Third Sector BCUHB supporters' activity - Mrs Kirsty Thomson
Presentation
20.3 Presentation.pptx
- 4 13:50 - 20/4 Forward Look and Questions - Mrs Kirsty Thomson



Cyfarfod a dyddiad: Meeting and date:	Health Board (Awyr Las Trustees) 23 rd January 2020						
Cyhoeddus neu Breifat: Public or Private:	Public						
Teitl yr Adroddiad Report Title:	Charitable Funds Annual Report and Accounts for 2018/19						
Cyfarwyddwr Cyfrifol: Responsible Director:	Sue Hill, Executive Director of Finance						
Awdur yr Adroddiad Report Author:	Rebecca Hughes, Charity Accountant						
Craffu blaenorol: Prior Scrutiny:	Charitable Funds Committee Audit Committee						
Atodiadau Appendices:	Appendix 1: Charitable Funds Annual Report and Accounts for 2018/19						
Argymhelliad / Recommendation:							
The Board, as the Corporate Trustee, is asked to receive the Charitable Funds Annual Report and Financial Statements for 2018/19.							
Please tick one as appropriate (note the Chair of the meeting will review and may determine the document should be viewed under a different category)							
Ar gyfer penderfyniad /cymeradwyaeth For Decision/ Approval	<input type="checkbox"/>	Ar gyfer Trafodaeth For Discussion	<input type="checkbox"/>	Ar gyfer sicrwydd For Assurance	<input checked="" type="checkbox"/>	Er gwybodaeth For Information	<input type="checkbox"/>
Sefyllfa / Situation:							
The Charitable Funds Annual Report and Financial Statements provide the formally reported position for the Charity for 2018/19. The Charitable Funds Committee has delegated authority to approve the charity accounts. They are brought to the Board as Corporate Trustee.							
Cefndir / Background:							
The Charitable Funds Accounts have been prepared in accordance with the timetable set by the Charity Commission and in line with Charities SORP.							
The Annual Report and Accounts were approved by the Charitable Funds Committee on the 4 th October 2019 and signed by the Auditor General for Wales on the 9 th October 2019. They were submitted to the Charity Commission on the 3 rd December 2019, as they were due by 31 st January 2020.							
Asesiad / Assessment:							
<u>Strategy Implications</u>							
Aligned to the Awyr Las Charity Strategy.							

Financial Implications

1.0 Statement of Financial Activities

The Statement of Financial Activities (SoFA) summaries the charity's income and expenditure for the year. Income for the year totalled £2.0m, expenditure was £2.2m, with gains on investments of £0.4m, giving a net increase in funds of £0.2m (decrease in funds of £0.5m in 2017/18).

1.1 Incoming Resources

Total income of £2.0m shows a decrease of 20% year on year (£2.5m in 2017/18). Of this, £0.2m relates to a fall in donations, £0.2m due to a decrease in legacies and £0.1m as a result of less fundraising income.

Legacies in particular are an unpredictable source of income for the Charity, which can vary greatly from year to year. Part of the charity's strategy is to increase the legacy income it receives, and generally it takes on average seven years to show any benefit from promotion of legacy and so this is a long term plan.

1.2 Expenditure

Expenditure of £2.2m was 29% lower year on year (£3.1m in 2017/18). 'Note 7 'Analysis of expenditure on raising funds' and 'Note 8. Analysis of charitable activity' provide the breakdown of expenditure between the running costs of the charity, fundraising costs and grants made.

The primary reason for the decrease in expenditure is a reduction in grants awarded of 37% (£1.7m in 2018/19 compared to £2.7m in 2017/18). The analysis of this over the different grant categories is shown below.

Type of Grant	2018/19 £'000	2017/18 £'000	Movement £'000
Grants for NHS Capital expenditure	159	1,104	(945)
Staff education and welfare	521	652	(131)
Patient education and welfare	962	886	76
Medical research	102	(13)	115
Other	0	30	(30)
Total	1,744	2,659	(915)

The largest reduction has been seen in grants for NHS Capital. Capital grants were boosted in 2017/18 by the £0.5m Hybrid Theatre at YGC and the £0.1m Dewi Ward Development. There have been no significant capital schemes funded by the charity in 2018/19.

1.3 Movement in Investments

Many of the donations and legacies that the charity receives cannot be spent immediately, as they need to be accumulated to fund the most appropriate purchases. These donations are therefore invested in order to generate income and

protect their value in real terms. During 2018/19 gains on these investments totalled £0.4m compared to a gain of £0.1m in 2017/18, mainly due to stronger investment markets over the last twelve months. The charity takes a moderate risk, long term strategy with its investments.

2.0 Balance Sheet

The funds of the charity at the end of the year totalled £7.8m, comprising £4.4m of unrestricted funds and £3.4m of restricted funds. Restricted funds are those that have a legal restriction placed on them, such as legacies. These funds are further split into general funds and designated (earmarked) funds, which are identified to specific areas and/or services.

2.1 Fixed Assets

During 2017/18 a piece of land located in Porthmadog was donated to the charity. The land was valued by the District Valuer and was brought onto the charity's balance sheet at £0.1m. The charity is currently still holding this land, although there are parties interested in purchasing it.

The year-end balance held in investments was £8.0m, which is an increase of £0.4m from 2017/18.

2.2 Current Assets

Debtors, as analysed in 'Note 16. Analysis of current debtors' have decreased by 58% to £0.4m (£0.8m in 2017/18). This is due to a decrease in accrued income for legacies, where we have been confirmed as a beneficiary in a Will and probate has been granted, but the distribution of the estate had not been completed.

Cash balances of £0.9m held have increased by 4%. Cash held at the end of the year is higher than would usually be held, but is required to pay creditors that fall due at the start of the new financial year.

2.3 Liabilities

Creditors, as can be seen in 'Note 18. Analysis of liabilities', amounted to £1.5m which is an 18% decrease year on year (£1.8m in 2017/18). This primarily due to a decrease in accruals for grants owed to NHS bodies, which are the funding commitments made by the charity and corresponds to the reduced expenditure seen during the year.

3.0 Other Notes

Other key items included in the financial statements are as follows.

3.1 Related Party Transactions (Note 2)

This note identifies the transactions made with the Health Board. As the Health Board and Charitable Funds accounts are produced under different accounting regulations, there is a timing difference as to when a grant that has been awarded

by the charity is recognised. Therefore, this note contains two disclosures; one that mirrors that in the Health Board accounts and one that agrees to the expenditure reported through the charity accounts.

This note also includes details on Board members' interests where appropriate.

3.2 Post Balance Sheet Events (Note 22)

Due to the time delay between the balance sheet date and the sign off of the accounts, plus the materiality of the investments to the charity, a post balance sheet event is always recorded showing the movement in the value of the investments over this time.

Risk Analysis

Not applicable.

Legal And Compliance

Compliance with Charity Committee regulations.

Impact Assessment

Not applicable.



Awyr Las Blue Sky

Elusen GIG Gogledd Cymru
The North Wales NHS Charity



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I am proud of many things we have all achieved in Wales, but I believe one of the finest things we have here in Wales is our National Health Service.

I am delighted that you are reading this Annual Report, because if you are it surely means that, like me, you truly care about ensuring that the most vulnerable in North Wales can receive the very best care and treatment when they need it most.

NHS Charities have now been in existence for 70 years, the same length of time as the NHS itself.

We in North Wales are blessed with a dedicated team of nurses, doctors, surgeons and support staff who show incredible compassion and commitment, innovation and professionalism.

I strongly believe we should all celebrate their achievements, but I feel we also need to recognise the limitations of our NHS.

The NHS has never been able to fund **everything** we would like to have in our hospitals or in our community healthcare services.

I feel we are fortunate to have Awyr Las, our NHS Charity, which plays a crucial role in enhancing our healthcare services in North Wales.

Donations to this charity give our various NHS teams the resources they need so that they might constantly strive towards better healthcare provision in North Wales, and improve the health and wellbeing for all families across the region.

In this report, you will see some fantastic examples of how this is happening.

In 2018, the year we celebrated the 70th anniversary of the NHS, I had the pleasure of supporting the Awyr Las #Give70 fundraising campaign.

I met many of the charity's frontline decision makers: the nurses, doctors, radiographers, surgeons and support staff who are responsible for prioritising how donations should be directed to best help our patients.



I took part in the first NHS Big Tea in July and witnessed the pleasure on patients' faces when staff and volunteers organised Tea Parties and additional activities on hospital wards.

I was impressed to see others, including local businesses and community organisations, also getting behind this important initiative.

I chose to become involved in Awyr Las because I wanted to show my appreciation and also because I've seen first-hand the difference that donations given through the charity make to patients and their families.

Small changes, from additional arts supplies to keep children occupied or the introduction of complementary therapies for people undergoing cancer treatment. And then the large, for example new specialist equipment and modernised facilities.

These changes are funded through the charity and all have an impact on patients.

Many of us aren't even aware that we've been touched by the generosity of donors giving to Awyr Las when we go to our hospitals and use our community services.

In the past five years, the charity has funded over **£12 million** of improvements to local NHS healthcare services.

This includes funding for state-of-the-art equipment, new facilities, special projects and additional services, education, and research programmes.

This year, Awyr Las has been able to give **£1.7 million** to support NHS services across North Wales.

I am immensely proud of the impact that the charity has had on our local healthcare services, and I think all of us who have given through Awyr Las should be.



None of the impactful improvements we hear about in this report would be possible without the passion of those who are the beating heart of the charity: frontline NHS staff and the volunteers that support them. It certainly would not be possible without people like you.

On behalf of all of the NHS staff and patients that have benefitted from Awyr Las, I'd like to say a **huge thank you** to all those who give tirelessly to support the charity.

To the patients their families and friends. To NHS staff and their associates.

To our school children, local community groups and businesses; our national Foundations and Trusts.

These are wonderful people.

Since I was a young man I have worked hard to make sure the care and treatment that patients receive here in North Wales is always improving.

I pledge to continue to do that by continuing to campaign for our NHS and by supporting Awyr Las. In recent years, I have come to realise that the important extras the charity offers, which go **over and above** what the NHS can provide, do not just brighten patients' days.

Sometimes the equipment, improvements and research that Awyr Las funds give patients extra days, sometimes years, with their loved ones. That, to me, is priceless.

Here's to Awyr Las, our North Wales NHS Charity, and to our National Health Service. As we prepare to enter a new decade, may both continue to be cherished by us all and be enabled to flourish, so that **everyone** in North Wales has the opportunity to lead healthy, happy lives.

A handwritten signature in black ink that reads "Barry Jones". The signature is written in a cursive, flowing style.

RT HON LORD BARRY JONES P.C.
HONORARY PRESIDENT



What the Charity does



Number of funds



412

Income in 2018/19



£2M

Acute hospitals in
North Wales



3

Community sites in
North Wales



45

Population served
by BCUHB



678K

Ensuring people across North Wales benefit from better NHS services when they need them the most.

Awyr Las (officially titled Betsi Cadwaladr University Health Board Charity and other related Charities) is a registered Charity (registered number 1138976) and is constituted under a trust deed dated 23rd September 2010.

Within the Charity group registration, there are two subsidiary charities: Betsi Cadwaladr University Health Board Charity and The North Wales Cancer Appeal.

The Betsi Cadwaladr University Health Board (BCUHB) is the Charity's legal corporate trustee. This means that, whilst the Board members are responsible

for the administration of the funds, they are not individually trustees of the Charity.

Awyr Las is the umbrella charity for over 400 Charitable Funds. Together, these funds support wards, units, departments, specialities and community projects right across North Wales.

Donations given through the Charity help dedicated NHS staff in hospitals and in communities across North Wales to offer an enhanced healthcare service, offering patients and their families the very best care and treatment available.

The Charity's priorities are decided by frontline staff.





96%
OF
DONATIONS
WERE GIVEN TO
DESIGNATED
FUNDS



What is funded

Awyr Las funds state-of-the-art equipment and new facilities; extra staff training and world-class research; special projects and additional services; complementary therapies and extra patient comforts which all go over and above what NHS core funding can provide.

Since 2010 Awyr Las has funded over £25m of improvements to healthcare services across the region thanks to the generosity of local people, national Foundations and grateful patients from far and wide.

This support has made a real difference to the lives of patients and their families, and has benefitted some of the most vulnerable people in our community.

As the Charity does not replace statutory NHS funding, your donations genuinely improve the care available to local people in ways that would not otherwise be possible.

Funding allocation

The charity funds healthcare projects in hospital environments and the community.

Internal

Funding available to BCUHB members of staff to use for the benefit of their patients within a hospital or community healthcare setting.

External

Funding available to local Third Sector Organisations working in partnership with BCUHB on health-related projects based anywhere in North Wales, or higher education institutions hosting BCUHB research projects.

Up to £5,000

Projects costing £5,000 and under can be authorised by Fund Advisors (BCUHB staff that act as guardians for their funds). This enables frontline staff to quickly access funding that will enable them to implement ideas that will make a tangible difference for their patients.

More than £5,000

Higher value projects go through the Charity's formal application and scrutiny process. This ensures projects are robust, will make best use of the charity's funds, and reduces duplication.

Designated funds

These funds belong to the ward, service or department that the fund is aligned to. When donors choose to give to a specific healthcare area, their donation goes into a designated fund. Designated funds can only be used to fund projects within that healthcare area.

Non-designated funds

When a donor chooses to give to the charity without specifying a healthcare area, their gift is put towards non-designated funds. These important donations help all BCUHB staff to access grants for the benefit of their patients, even if they do not have a designated fund to draw upon.



Awyr Las
Blue Sky



Values, Mission & Purpose

The Charity's overarching mission is to enhance BCUHB's ability to improve the health and wellbeing of people across North Wales and deliver excellent care.

The Charity exists for two reasons, both of which are equally important and both of which have a huge impact on the care and treatment that patients receive.

TO ENSURE THAT BCUHB CAN MEET ITS STRATEGIC PRIORITY OF IMPROVING HEALTHCARE

TO ENSURE THAT THOSE WHO WANT TO GIVE BACK TO SPECIFIC HEALTHCARE SERVICES ARE ABLE TO DO SO IN A WAY WHICH SUPPORTS LOCAL PRIORITIES

NHS Charities have been in existence since 1948 and have always played an important role in the above, but now they are needed more than ever. As we are living longer, many of us with complex health issues and diseases, there is a very real need for support from charitable sources in order to provide excellent care.

The Charity has traditionally focused on supporting secondary care, particularly cancer services, but there are two pressing issues which the Health Board needs to address:

- Ninety percent of the care people receive is from primary care and community services, and with predicted rises in cases of dementia and other mental health issues, cancer, diabetes and heart conditions there will be ever increasing demands on these services.
- There are also evident health inequalities in North Wales, with those living in the least deprived areas likely to live 13 years longer in better health than those living in the most deprived areas.

The challenge that faces the Charity is to effectively continue to provide the support needed on wards and departments in secondary care settings **and** secure the support to address the two pressing needs: to improve primary & community care provision and to reduce health inequality.

GUIDING PRINCIPLE

Patients are at the heart of Awyr Las

1

GUIDING PRINCIPLE

Frontline NHS staff are the lifblood of Awyr Las

2





The Charity's Support Team - made up of finance, fundraising and administrative support staff - exists to ensure that the charity's mission can be carried out.

The Support Team:

- Manages the charity's financial accounts, investment portfolio and grants programmes;
- Provides assistance to and guidance for the Fund Advisors who oversee the Charity's different funds;
- Helps fundraisers who want to organise events and activities in aid of the Charity;
- Organises fundraising events and initiatives to raise money in aid of the Charity;
- Promotes the Charity to raise money and raise the profile of giving to all healthcare services, and;
- Keeps in touch with supporters.

The Support Team also ensures that Awyr Las maximises your donations, for example by reclaiming thousands of pounds in Gift Aid annually. Additionally, the Support Team provides assistance to independent charities, like the Leagues of Friends, which provide direct charitable support to BCUHB.

THE CHARITY'S VALUES REFLECT THOSE OF THE HEALTH BOARD

1. Put patients first
2. Work together
3. Value and respect each other
4. Learn and innovate
5. Communicate openly and honestly



**£10,861
OF GIFT AID
RECLAIMED
FOR THE CHARITY**



GUIDING PRINCIPLE

**Be true to those who
support Awyr Las**





The year at a glance

INCOME & SOURCES

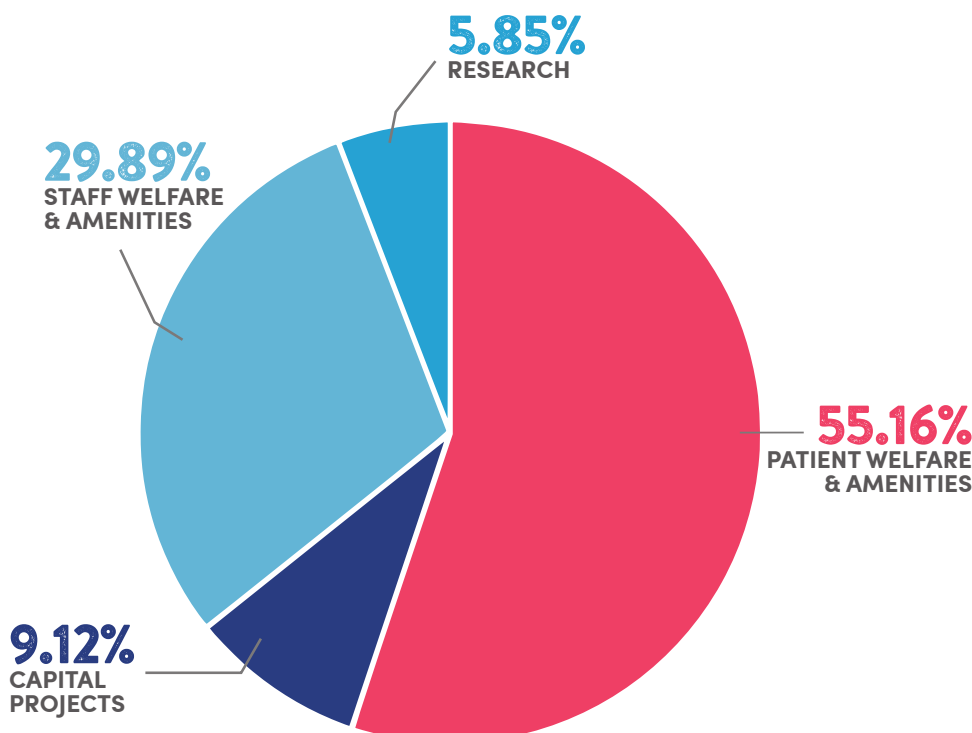
£1,950,000

The charity's total income from donations, legacies & fundraising*

*excludes investments



DISTRIBUTION OF EXPENDITURE 2018/19



Capital projects
£159,000

Staff welfare
£521,000

Research
£102,000

Patient welfare
£962,000

This year, Awyr Las funded

£1.7M

of services, improvements
and activities across
North Wales



SUPPORTING A WIDE RANGE OF HEALTH-RELATED ACTIVITIES:

-  Enhanced Patient Care
-  Equipment & Facilities
-  Improved Environments
-  Arts in Health
-  Training & Education
-  Research & Development



EXPENDITURE IN PRIORITY AREAS



Cancer Care - £416,572 // 23% of total expenditure



Early Years - £272,623 // 15% of total expenditure



Mental Health - £60,688 // 3% of total expenditure



70 years of the NHS

Celebrating a special milestone

The 5th July 2018 marked 70 years since the birth of the NHS. Colleagues from wards, departments and services across BCUHB joined in the celebrations, alongside patients, local businesses, voluntary organisations and the wider community.



The #Give70 campaign was launched in April and encouraged BCUHB staff and the general public to take part in the anniversary celebrations.

Individuals were invited to do simple things to say thank you to the NHS services that mean the most to them.



The campaign used the milestone as an opportunity to ask individuals to undertake a fundraising activity that was 70 themed.

From pledges to run 70 miles before the anniversary month was over, to activities that aimed to raise £70; the involvement #Give70 generated was varied, generous and creative.

Staff were encouraged to hold tea parties for their patients and team members, with 85 different wards and departments holding a party on the anniversary. Over 200 people attended the main "Big 7Tea" parties, held in the main entrances of the 3 acute hospitals.

We held a
'WHERE THERE'S TEA THERE'S HOPE'
themed event.



Staff dressed up as characters from "Call the Midwife" at our event!

We had a display board with information about births throughout the past 70 years and vintage medical equipment on display.

As a thank you for their hard work, we invited retired staff to attend and be served tea & cake.

The day was a great success with past, present and future staff catching up and sharing stories. It was thoroughly enjoyed by all. We raised £1,630 for the Maternity Unit from this great day which we think is a fantastic achievement.

SUSAN HUGHES
MIDWIFE
MATERNITY UNIT
YSBYTY GWYNEDD





ON YOUR MARKS, GET SET, BAKE!

As part of the celebrations, BCUHB staff and their friends & family were invited to submit entries into the first Awyr Las Cake Decorating Competition.

Nineteen talented bakers took part, with a public vote on Facebook deciding the top 3.

OVER
5,000
PEOPLE
VOTED

5.2K



#NHS70 parkrun



350
RAN
THE
PARKRUN



On Saturday 9th June over 350 people (many in NHS themed fancy dress!) took part in a special parkrun at Erddig to celebrate the anniversary of the NHS.

This was part of a UK-wide initiative which saw over 145,000 people take part in a parkrun near them to mark #NHS70.

Thank you to Conwy parkrun and Erddig parkrun volunteers who joined in the celebrations locally!



Grants

This year, Awyr Las distributed £1.7m of grants across the Charity's four priority areas: Cancer Care, Early Years, Mental Health and Older People. The largest area of spending was Patient Amenities & Welfare, representing over half (55.16%) of the Charity's expenditure.



"The new laser has been a revelation to our service.

It is an essential bit of equipment for providing the most up to date and clinically proven treatments for all patients when they are diagnosed with head and neck cancers."

**PROFESSOR ARVIND ARYA
MSC MD FRCS (ORL-HNS)**

**CONSULTANT ENT
HEAD & NECK / THYROID SURGEON**

The incidence of oropharyngeal cancers (OPC), primarily of the tonsil and tongue, is rapidly increasing.

Laser surgery has been proven to be a successful treatment for OPC and is becoming more commonplace in our clinical practice. Because of a rise in the number of OPC cases that were being diagnosed, the ENT team did not have the theatre equipment required to offer

all patients the life-saving laser treatment. Only one laser was available, enabling the team to perform one operation per operating list. This sometimes resulted in delays to surgery. With funding from Awyr Las, the ENT team purchased a new CO2 Laser. Use of the new equipment reduces the need for chemotherapy and radiotherapy.

KEY INFO



PROJECT
CO2 Laser

COST
£55,235

THEME
Cancer Care

SITE
Ysbyty Glan Clwyd

This is a better outcome for patients, reducing the length of treatment required and minimising the likelihood of complications after treatment. The laser equipment benefits all patients across North Wales, thanks to the centralisation of head and neck cancer services to Ysbyty Glan Clwyd.

The North Wales Clinical Research Centre (NWCRC), based in Wrexham, provides a world-class facility for undertaking clinical research, education & training, based on an innovative concept for collaborative working and increasing the transfer of knowledge.

It comprises research laboratories, clinical suites for undertaking non-laboratory based research, hot-desk facilities, offices, meeting and seminar rooms. The NWCRC provides a facility and service, allowing BCUHB staff to undertake laboratory based and non-laboratory based research investigations.

The aim of the NWCRC is to promote clinical research at BCUHB, and to encourage staff within the health board to undertake research activities, and to develop NWCRC as a centre of excellence for clinical research (locally, nationally and internationally).

Awyr Las provided £25,000 to purchase the initial equipment required to set up the centre to enable research to be undertaken.

KEY INFO

PROJECT

Start-up equipment for the NWCRC

COST

£25,000

THEME

Research & Development

SITE

North Wales Clinical Research Centre

Professor Stephen Hughes, Academic and Scientific Director of the NWCRC said: “It’s amazing to finally have the centre open. With this facility we now have a clinical research centre with fantastic equipment that allows the opportunity for our staff to be able to conduct cutting edge clinical research.

“Crucially, undertaking clinical research will benefit the people of North Wales at a national level and beyond. The aim of the research centre is to primarily provide a world class facility for our patients and members of the public, ensuring that North Wales is actively involved in undertaking cutting-edge clinical research.

“We have worked hard to get this facility open and we are looking forward to welcoming the public to the centre to see what we have happening.

“By having a research active Health Board, in turn will attract the very best clinicians and allied health professionals to the area, and will hopefully provide an opportunity for expansion and create new jobs.”





Grants

KEY INFO



PROJECT

Complementary Therapies

COST

£59,296

THEME

Cancer Care

SITES

Ysbyty Glan Clwyd

Ysbyty Gwynedd

Ysbyty Maelor



98%
OF PATIENTS
SAID IT
WORKED
WELL
FOR THEM

The side effects of cancer and its treatments are often painful and debilitating, but through complementary therapies, we can offer respite, comfort and emotional support to patients when they need it the most.

Complementary therapies can help to rekindle the spirit in patients living with cancer, support them in making lifestyle changes, and motivate them to move forward in life.

While our NHS provides the life saving and life prolonging drugs,

frontline staff, and basic facilities, we rely on the generosity of members of the public to ensure that we can continue to provide much valued added extras like complementary therapies, which are making a real difference to local cancer patients.

The provision of a complementary therapy service at all 3 acute sites has been made possible entirely by the support of generous communities, patients and families.

Inspired thinking offering massage to patients.

Very relaxing and takes thoughts and feelings of the chemotherapy away.

Wonderful. Thank you.

**PATIENT
SHOOTING STAR UNIT
WREXHAM**



Chronic kidney disease (CKD): Can we target blood vessel health to prevent disease progression and improve renal replacement therapy?

CKD is a disease of progressively worsening kidney function, which increases the risk of heart disease and death and results in the need for a kidney transplant or dialysis (also known as renal replacement therapy). CKD has many possible causes including common conditions such as high blood pressure, diabetes and obesity.

There has been some previous research suggesting that exercise may help to delay the progression of kidney disease, but the results have been inconclusive and further, larger studies are needed. We also need to understand better the mechanism by which exercise might be beneficial; previous research has shown that exercise can improve the health of blood vessels in patients with chronic kidney disease and this may lead to improvements in kidney function.

This study is a collaboration between Bangor University and King's College, London. Researchers are going to see if a 12 month structured exercise programme can help improve blood vessel health and kidney function in patients with chronic kidney disease.

It is hoped that the results of these studies will show that increased physical activity helps slow down the progression of kidney disease in our patients and will make a difference to patients' lives by delaying the need for renal replacement therapy. Eventually, this may lead to exercise therapy being offered as part of routine care to all patients with CKD.

KEY INFO



PROJECT

Chronic kidney disease research project

COST

£29,041

THEME

Research & Development

SITE

Bangor University

Parents and carers are always encouraged to stay on the ward when their children are admitted. In many cases, this involves staying the night. By using money from the Ysbyty Gwynedd Children's Unit fund, we were able to purchase 6 foldaway beds that are both comfortable and compliant with infection prevention and manual handling requirements. The new beds are in daily use on the ward, ensuring families can stay together when their child is poorly.

LIZ FLETCHER

ASSISTANT AREA DIRECTOR (WEST)
CHILDREN'S SERVICES



KEY INFO



PROJECT

Beds for parents & carers

COST

£5,129

THEME

Early Years

SITE

Ysbyty Gwynedd





Grants: Hearts & Minds

In 2018/19, Awyr Las introduced a new small grants scheme: Hearts & Minds. The scheme was designed to be accessible to all staff, and would award small amounts of funding to frontline staff wishing to trial innovative or creative ideas. The scheme was made possible by a number of donors, with a large proportion of the funding was provided by Grŵp Cynefin.

In total, 52 applications were submitted representing projects across North Wales, in both acute hospitals and community sites.

Applicants were invited to submit requests for up to £1,000 towards a project that would benefit their patients.

The criteria was flexible, with the only stipulation being that projects must benefit patients in the following healthcare areas:

- Mental health
- Learning disability
- Stroke
- Dementia care

The quality of the applications very high.

Twelve applications were funded through the Hearts and Minds Fund, with an additional £5,000 of undesignated charitable funds being allocated for this purpose.

A further 4 applications were funded by approaching relevant Fund Advisors and requesting support from funds they oversee.

A total of £12,530 was granted to 16 of the 52 applicants.



Aromatherapy on the Acute Medical Unit

Louise Lewis, a Dementia Support Worker on Ysbyty Glan Clwyd's Acute Medical Unit (AMU), had an idea to use aromatherapy to help patients arriving on the ward to relax.

Louise explained:

"AMU is an extremely busy unit. We accept patients from the Emergency Department who are being admitted into hospital. Patients can be transferred to and from AMU any time of the day or night. When they arrive with us, patients can be very tired, agitated, confused and upset.

"My Hearts & Minds idea was to make AMU a more calming and settled environment for patients by placing aromatherapy kits in every room. I already massage patients' hands and feet, and play relaxing music. The aromatherapy complements this and helps aid rest and relaxation for the patients."



KEY INFO

PROJECT
Aromatherapy on AMU

COST
£1,000

THEME
Mental Health

SITE
Ysbyty Glan Clwyd

PATIENT FEEDBACK

"It was wonderful coming from the ED into a lovely relaxing room. My husband is a lot more settled than he was."



The Ysbyty Glan Clwyd Stroke Unit team explored the therapeutic benefit of drumming to provide sensory feedback to affected upper and lower limbs following a stroke.

Structured drumming sessions were provided for patients on the unit. Following each session, staff conducted a short interview with each patient and explored the positive aspects of engaging in the group and to discuss how it could improve.

The feedback from patients was very positive and demonstrated that engagement with lively, stimulating music intervention improved their overall feeling of well being.

Kirsty Edwards, Occupational Therapist, said:

"As a team, we are so grateful to have been awarded the Hearts and Minds grant to pilot the effect of active music intervention on post-stroke rehabilitation.

"We hope that stroke patients in a ward environment will benefit physically and psychologically through engagement with lively, stimulating and interactive music intervention.

"Beth, our lead Occupational Therapist in Stroke at Ysbyty Glan Clwyd was awarded the first Welsh Stroke Researchers Cochrane fellowship last year.

"The award has allowed her to work on a systematic review with the Cochrane Stroke and Dementia Groups. The primary aim of the project is to support the fellows in completing a Cochrane review, but other important aims are to foster multidisciplinary and cross-border collaborative working.

"Beth is reviewing the effectiveness of aromatherapy based interventions and the review is now in the final stages prior to publication."

KEY INFO



PROJECT

Music therapy to aid stroke recovery

COST

£1,000

THEME

Stroke Care

SITE

Ysbyty Glan Clwyd



PATIENT FEEDBACK

- "The vibration in my affected arm was a good sensation"
- "Uplifted the mood of the ward"
- "Music is a great therapy"
- "It helped me to relax - to focus on doing something 'for me'"
- "The sound of the drum encouraged my participation"



#TeamIrfon



Sybil Jones attends the Alaw Cancer Care Day Unit every Friday for chemo injections and bone strengtheners, and receives reflexology, which is funded through donations given to #TeamIrfon.

Sybil said:

"Sam provides reflexology for patients like me. She always manages to fit me in, even though her wonderful soothing foot reflexology is in demand from all of us on the Unit.

"I really don't think there is any better pain killer and because of her I really look forward to my weekly hospital visits. It's a wonderful service that she provides on the Alaw Unit."

The #TeamIrfon campaign was established in 2014 after local Nurse Manager, Irfon Williams, was diagnosed with advanced bowel cancer at the age of 43.

Irfon initially wanted to raise £5,000 because he and his wife Becky had realised that being diagnosed with cancer and going through treatment has a huge impact on the mental health of patients and their families.

Irfon and Becky felt the mental health aspect of cancer care required more attention, so formed #TeamIrfon to raise money to fund projects and facilities that specifically support the mental health of local cancer patients and families.

Devastatingly, Irfon died in May 2017; but his memory and #TeamIrfon lives on.

To date, over £180,000 has been raised and gone directly to local services. Becky now oversees #TeamIrfon alongside Matron Manon Williams. The dynamic pair, who have had huge support from their local community and generous businesses (including Watkin Jones and Dafydd Hardy), are dedicated to increasing support for bereaved families and continuing to fund mindfulness, complementary therapies and improved wigs for those patients who lose their hair.

Together supporters of #TeamIrfon are continuing to make Irfon's vision of better mental health support for people with cancer a reality.

Below: Rhys Meirion and Côr Glanaethwy performing at the inaugural #TeamIrfon Christmas Concert, which raised £5,000





I know my uncle and aunt, Bob and Flora Livsey, would be thrilled to know that their legacy has had such a huge impact on people from their community here in North Wales. Thanks to them, so many people are able to get better care and treatment right here in Ysbyty Glan Clwyd.

Bob and Flora chose to remember the hospital in their will because they themselves had received such fantastic care. As the Trustee of the Fund they established, I am personally delighted to know that their gift has made such a difference and that it will go on helping local families for many years to come.

JOHN GRIFFITHS
BOB & FLORA'S NEPHEW
AND TRUSTEE OF
THE LIVSEY FUND



The late Bob and Flora Livsey decided to establish a Charitable Fund in their Will, with the intention of helping other patients being treated at Ysbyty Glan Clwyd in appreciation of the excellent medical care they had both received in the later years of their lives.

The Livsey Trust has now given £1,106,880 to support new equipment and better facilities. The impact of the couple's legacy is immense.

The Trust's most recent donation of £550,000 has helped to dramatically improve cardiac treatment at the hospital.

The Livsey Trust was a major driving force in developing a new state-of-the-art Hybrid Theatre for the hospital.

The new theatre forms part of a number of changes being made to vascular services in North Wales. The new centre at Glan Clwyd Hospital is now one of the best equipped in the UK, with expertise and facilities available around the clock to treat complex arterial cases.

The new theatre will give Interventional Radiologists and Vascular Surgeons the ability to perform traditional, open surgery and minimally invasive endovascular procedures on the same patients, at the same time, in the same place.

The 24-hour-a-day, 7-days-a-week consultant vascular emergency rota runs from Glan Clwyd Hospital, with the hybrid theatre providing state-of-the-art facilities to provide emergency vascular care.



The Robins volunteer scheme

Robins are renowned for their friendly nature

The Robins volunteer scheme is part-funded through donations given to Awyr Las, and the help the volunteers give in the hospitals is gratefully appreciated by everyone.



The purpose of the Robins scheme is to enhance the inpatient experience by introducing a volunteer befriending role onto the wards.

Robins are befrienders and provide practical support for patients.

This includes preparing hot & cold drinks, checking and refilling water jugs, spending time in general conversation, and providing a reading and writing service where appropriate.

Robins sometimes also go on errands to the hospital shop for patients.

They can assist nursing staff with bed making, help with storage of supplies, and tidy patient lockers.

Some Robins can offer a signposting service too, helping patients to understand the additional support available to them in the community.

In 2018/19 almost £27,000 was dedicated to supporting the development of The Robins, BCUHB's volunteer programme.



ROGER'S STORY

A Robin volunteer who ensures patients at Abergele Hospital get their morning newspapers has been named a "Seren Betsi". The BCUHB Seren Betsi (Betsi Star) award is given to staff and volunteers that have excelled.

Roger Harvey heads out in all weather conditions to make paper deliveries to patients at the two hospitals, and even helped staff get into work during the heavy snow last Winter.

Roger, who has been volunteering at the hospital for more than 10 years, was inspired to help others after receiving care at Glan Clwyd Hospital for a stroke in 2005.



Roger was nominated for the award by Domestic Assistant Angela Fortune, who he sees on his visits to Abergele Hospital.

Angela said: "I nominated Roger because he's a volunteer, using his own car, time and money to help others, and puts a big smile on patients' faces when he comes in in the morning.

"Without Roger some people who enjoy reading the papers would not have this luxury to look forward to. We just want to say thank you to him for all that he does."

**DONATIONS GIVEN TO
THE ROBINS**
FUND VOLUNTEER EXPENSES
INCLUDING TRAVEL, WHERE APPROPRIATE
AND THE DISTINCTIVE RED T-SHIRTS
WHICH ARE WORN WITH PRIDE BY
OVER 200 PEOPLE
ACROSS NORTH WALES



LAURA'S STORY

Laura McManus, from Talybont, near Barmouth, also received the Seren Betsi Award this year.

Sally Adams, Matron of Dolgellau Hospital, said: "Since Laura became a Robin here at Dolgellau Hospital I have noticed her incredibly kind approach with our patients.

"She has an excellent relationship with my staff on the ward and has a beautifully calming influence on everyone who is around her.

Laura said: "I'm delighted to receive the Seren Betsi Award as I'm really happy and privileged to be a Robin at Dolgellau Hospital."



ACHIEVEMENTS 2018/19



202 Robins provided support across North Wales



Robins assisted at 3 acute and 13 community sites



19,968 hours of time was gifted to the Robins scheme



2 volunteers were awarded the "Seren Betsi" Award



**Winners of BCUHB Achievement Award
for Outstanding Voluntary Contribution**



EDWARD

*It's a very rewarding role.
It's nice to be able to help people.*

FAZAL

*I've learned valuable life skills from patients and
from my co-workers who are all hugely inspiring.*

CYNTHIA

*When I go home at the end of the day
I feel I have done something worthwhile.*



Supporters

Every year, the Charity Support Team is overwhelmed by the efforts and achievements of Awyr Las' amazing supporters. This year is no exception. Support in 2018/19 ranged from 85 wards and departments holding "Big 7Tea" Parties to celebrate the 70th Anniversary of the NHS, to the Wrexham Maelor Children's Unit developing their Corporate Partnership with SP Energy Networks,

which was instrumental in helping them to raise over £25,000 through their first charity ball. The Charity Support Team is immensely grateful for the generosity of the many individuals, local businesses, and community organisations that contribute to Awyr Las. Their support helps the charity to ensure NHS staff across North Wales can go above and beyond for their patients.



Over the past two years we have been honoured to be principal sponsors of such a worthy cause for the Wrexham Maelor Children's Ward charity ball. SP Energy Networks are committed to supporting communities in North and Mid Wales, Cheshire, Mersey and North Shropshire through an extensive programme of local

sponsorships and community engagement programmes. We congratulate the Wrexham Maelor Children's Ward charity team for putting on such fantastic events to help raise outstanding amounts of money for children and their families being treated on the ward.

PHIL JONES
HEAD OF DELIVERY
SP ENERGY NETWORKS

THE VALUE OF THE PARTNERSHIP EQUATES TO A

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RETURN ON INVESTMENT

"Without the vital support from local companies such as SP Energy Networks we simply wouldn't make as much money to directly benefit our patients. Sponsorship of our charity ball allows us to achieve full cost recovery for the event which means all money raised directly benefits the Wrexham Maelor Children's Unit."

Last year, due to kind sponsorship and in-kind support, we raised an outstanding £25,500 profit, helping to support patients and families we care for through new equipment and enhanced facilities to brighten patients' days."

LESLEY JONES
CHILDREN'S WARD STAFF NURSE
CHARITY BALL COMMITTEE MEMBER



"Walking for Dementia" is a multi-day, long distance walk undertaken annually by a small group of volunteers. On the final day of the challenge, NHS staff and members of the public are invited to take part in the final section of the walk, to raise money for special Dementia Care projects in hospitals.



"When I sat with my mother in the hospital and to be advised that she had dementia, little did I know how much it affects so many people and that there was a lot to understand about the disease.

When my mother passed away I honestly can say that the care and dignity from the nurses shown to my mum was exceptional and couldn't praise them enough. I felt that I needed to give something back and that is really how 'Walking for Dementia' started to challenge us all to raise money for the cause. This is our third year and feel that as a group we just want to carry on doing this for as long as our legs can do it and to make a difference to people's lives.



As a Fund Advisor on my own fund, I meet with staff from time to time, like Matron and the Dementia Support Workers, and discuss how we can best support patients and families affected by dementia. Matron will always contact me before any decision is made around funding, and we make sure that we all are in agreement about what would have the most impact for patients.

None of this could happen without the Awyr Las Support Team. The support we have had for the walks has been immense; from promoting the walk, social media coverage, helping to gain sponsorship, and more. I know the same support will be given to us with future events."

RONNIE BRIGHT
GENERAL OFFICE MANAGER
AWYR LAS FUND ADVISOR



The Walking for Dementia events are fantastic for the staff at Llandudno Hospital; it's great for the team to see the walkers arriving on-site after their long walk. It reminds staff that the general public, and their colleagues in the wider NHS, value their wonderful work in caring for patients living with dementia.

The money raised by the walkers genuinely enhances the experience patients have at Llandudno Hospital. One of the most significant things we are able to do with funding from Awyr Las is improve the patient environment. This year, we were able to install an LED ceiling on Aberconwy Ward, which makes being on the ward a more relaxing experience for patients.

PHILLIP RATHBONE
MATRON
LLANDUDNO HOSPITAL



Supporters



Tesla Owners UK donated a RadioFlyer Mini Tesla each to the children's units in Wrexham Maelor and Glan Clwyd, to improve the experience of being in hospital for children.

Tesla Owners UK is the official Tesla Owners' Group in the UK as confirmed by Tesla. The RadioFlyer Mini Tesla scheme is supported by Elon Musk, who match funds each car. So far, the group has donated over 160 cars across the UK.

Tom Last, a member of Tesla Owners UK, said:

"Being local to North Wales, I wanted to ensure that the children's units in the area were able to benefit from this initiative. This world is a cruel place sometimes and if we can put a smile on someone's face, we will do our best."



The Alaw Day Cancer Unit team do such fantastic work, and I am privileged and honoured to try and raise funds for these vital causes.

My priority since losing my wife to breast cancer 13 years ago has always been the Alaw Day Cancer Unit, which helped Yvonne to try and overcome this awful disease.

Many friends have passed away from cancer also, so to me it is vital that I do what I can to raise funds every year for this brilliant cause. We are all in debt to the nurses and staff of Ysbyty Gwynedd.

MALCOLM PITTS
LONG-TERM FUNDRAISER



Karen Jutson was part of a trio that cycled 300 miles from London to Paris this year.

Karen chose to support the Special Care Baby Unit at Ysbyty Glan Clwyd.

Karen, who previously worked on the SCBU, said: "The joy I had helping precious babies and meeting their families was incredibly fulfilling.

"With the new SuNICC (sub-regional neonatal intensive care centre) at Glan Clwyd Hospital, together with developing scientific advances, the future for our area looks extremely bright.

"I wanted to contribute to the centre by raising funds through this challenge, so the centre can continue to provide the best possible care."

**£7,393
RAISED**

**300
MILES**

**LONDON
TO
PARIS**



Leah Malbon's brother, now 34, was diagnosed with type one diabetes at the age of three.

Leah said: "My motivation for the London to Paris ride was based on a promise.

"On a recent occasion, when Stephen's health was particularly bad, I told him that the next challenge I did would be for him."

Leah chose to raise money for the Friends of Renal Care and Ward 12 (Renal & Diabetes), both at Ysbyty Glan Clwyd, where Stephen is a regular patient.



Volunteers from North Wales Garden World transformed North Wales Cancer Treatment Centre's Radiotherapy Garden.

The team tidied, weeded, and planted, and supplied lovely plants and furniture. Their hard work and generosity has made a huge difference to the area, and staff & patients are very grateful for the team's kindness.

North Wales

Garden World





Five year review

Capital projects £5,254,000

Practical improvements to the patient environment, including ward refurbishments and equipment.

Staff welfare £2,357,000

Non-mandatory and specialist training & development opportunities for staff and projects to safeguard staff wellbeing.

Research £332,000

Funding for research, development and innovation; from consumables for laboratories to PhDs.

Patient welfare £4,264,000

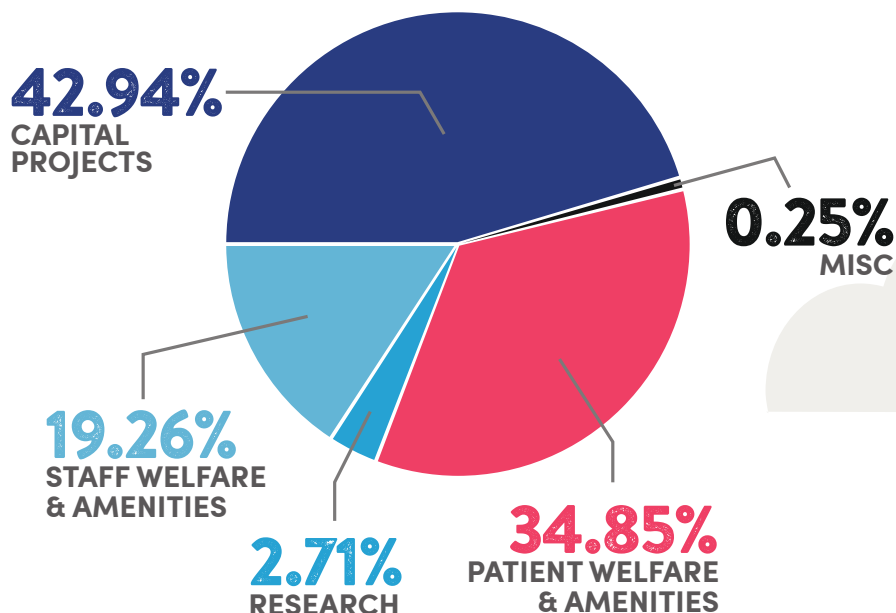
Projects that improve the experience of being in hospital, including arts in health initiatives and relatives' accommodation.

Miscellaneous £30,000

Expenditure that does not fall into the other categories, including some administrative and legal services.



DISTRIBUTION OF EXPENDITURE (2014 - 2019)



SINCE 2014, DONATIONS TO AWYR LAS
HAVE MADE IT POSSIBLE TO INVEST OVER
£12 MILLION
OF ADDITIONAL FUNDING INTO LOCAL NHS HEALTHCARE SERVICES





The Charity's investments

Many of the donations and legacies the Charity receives cannot be spent immediately, as they need to be accumulated to be able to fund the most appropriate purchases that improve patient care.

Therefore, Awyr Las invests these donations in order to generate income and protect their value in real terms. The Charity's Investment Managers are currently Rothschild Wealth Management Limited.

The Trustee has adopted an ethical framework for investments, with underlying principles supporting an ethical component of the overall investment strategy.

This has given direction to the Investment Managers to develop a suitable investment strategy which is consistent with these ethical principles, whilst affording sufficient flexibility to provide the best balance of risk and reward for the Charity.

The portfolio is managed in accordance with this agreed strategy, which is as follows:

"It is recommended that there is negative exclusion of investment in companies manufacturing and distributing:

- alcoholic products;
- tobacco products; and
- any products which may be considered in conflict with the Health Board's activities.

Investment in companies:

- which have a poor record in human rights and child exploitation; and/or
- which derive their profits from countries with poor human rights records

should not be permitted.

In addition, investment in companies that demonstrate compliance with the principles of the Equality Act 2010 should be supported."

Investment performance is monitored by the Charitable Funds Committee at its quarterly meetings.

The Committee receives reports from the investment managers explaining the portfolio's performance, the level of risk seen and expectations for the future.



Organisation of the Charity's affairs

The Betsi Cadwaladr University Health Board Charity and other related Charities (the Charity, working name Awyr Las), registered charity number 1138976, is constituted under a trust deed dated 23rd September 2010.

It is registered with the Charity Commission as the 'Umbrella Charity and Other Related Charities', with objects that the funds be used 'for any charitable purpose or purposes relating to the National Health Service'.

This registration arrangement, which simplifies the statutory reporting requirements, is formally recognised by a Declaration of Trust held by the Charity Commission.

Within this group registration arrangement there are two charities:

- Betsi Cadwaladr University Health Board Charity
- The North Wales Cancer Appeal (previously The Ron and Margaret Smith Cancer Appeal)

The Betsi Cadwaladr University Health Board is the legal Corporate Trustee of the Charity, which means that whilst the board members are responsible for the administration of the funds, they are not individually trustees of the Charity.

Trustee Recruitment, Appointment and Induction

The Board Members of the Health Board make up the corporate trustee. The Chair and Independent Members of the Health Board are appointed by the Minister for Health and Social Services of the Welsh Government, with the Executive Directors being appointed in accordance with Health Board policy.

New members of the Board are provided with appropriate induction and training on behalf of the Executive Director of Finance, along with previous year's Annual Reports and Financial Statements, copies of the Charity's Governing Documents and relevant Charity Commission publications.

Charity staff

The Charity does not directly employ any staff. The day to day management of the charity is delegated to the Executive Director of Finance.

Members of the Awyr Las Support Team are employed by the Health Board and then recharged to the charity in accordance with the proportion of their time that has been spent on charity work.

The Health Board Senior Manager responsible for the administration of the charity is Sue Hill, Executive Director of Finance. The Charity Accountant is Rebecca Hughes and the Head of Fundraising is Kirsty Thomson.

Key Management Personnel Remuneration

The trustees have concluded that the Corporate Trustee through the Charitable Funds Committee comprises the key management personnel of the Charity as they are in control of directing the Charity.

The Charity does not make any payments for remuneration nor to reimburse expenses to the Charity trustees for their work undertaken as trustee. Trustees are required to disclose all relevant interests, register them with the Health Board and withdraw from decisions where a conflict of interest arises. All related party transactions are disclosed in note 2 to the accounts.

The Charity's advisors

Bankers

NatWest Bank, 5 Queen St, Rhyl, Denbighshire, LL18 1RS

Investment advisors

Rothschild Wealth Management, New Court, St Swithin's Lane, London, EC4N 8AL

Registered auditors

Wales Audit Office, 24 Cathedral Road, Cardiff, CF11 9LJ





Board Members



Mr G Doherty
Chief Executive
01/04/18
TO
31/03/19

Dr E Moore
Executive Medical Director &
Deputy Chief Executive
01/04/18
TO
31/03/19

Mrs G Harris
Executive Director of Nursing &
Midwifery
01/04/18
TO
31/03/19

Ms D Carter
Acting Executive Director of
Nursing & Midwifery
18/03/18
TO
31/03/19

Mr A Thomas
Executive Director of Therapies &
Health Sciences
01/04/18
TO
31/03/19

Mr A Roach
Director of Mental Health and
Learning Disabilities & Associate
Board Member
01/04/18
TO
31/03/19

Mr G Lang
Executive Director of Strategy
01/04/18
TO
13/05/18

Mrs S Baxter
Acting Executive Director of
Strategy
14/05/18
TO
18/11/18

**19/11/18
TO
31/03/19**

Mr M Wilkinson

Executive Director of Planning and Performance

**01/04/18
TO
31/03/19**

Mrs S Green

Executive Director of Workforce and Organisational Development

**01/04/18
TO
31/03/19**

Ms T Owen

Executive Director of Public Health

**01/04/18
TO
31/03/19**

Mr R Favager

Executive Director of Finance

**01/04/18
TO
30/06/18**

Ms M Olsen

Chief Operating Officer

**01/04/18
TO
31/03/19**

Mrs G Lewis-Parry

Board Secretary

**01/10/18
TO
31/03/19**

Dr J C Stockport

Executive Director Primary Care and Community Services

**01/04/18
TO
31/08/18**

Dr P Higson OBE

Chairman

**01/09/18
TO
31/03/19**

Mr M Polin OBE QPM

Chair

**01/04/18
TO
31/05/18**

Mrs M Hanson

Vice Chair

**01/06/18
TO
31/03/19**

Mrs M W Jones

Vice Chair

*[Independent Member
01/04/18 to 31/05/18]*

**01/04/18
TO
31/03/19**

Prof J Rycroft-Malone

Independent Member

**01/04/18
TO
31/08/18**

Mr C Stradling

Independent Member

**01/04/18
TO
31/03/19**

Mrs L Meadows

Independent Member



Board Members



Mrs B Russell Williams

01/04/18
TO
05/03/19 Independent Member

Mr J Cunliffe

01/04/18
TO
31/03/19 Independent Member

Cllr C Carlisle

01/04/18
TO
31/03/19 Independent Member

Cllr R M Hughes

18/03/18
TO
31/03/19 Independent Member

Ms J Hughes

01/06/18
TO
31/03/19 Independent Member

Ms H Wilkinson

01/09/18
TO
31/03/19 Independent Member

Ms L Reid

01/09/18
TO
31/03/19 Independent Member

Mr Ff Williams

01/04/18
TO
31/03/19 Associate Board Member and
Chair (Stakeholder Reference
Group)

**01/04/18
TO
31/03/19** **Prof M Rees**
Associate Board Member and
Chair (Healthcare Professional
Forum)

**01/04/18
TO
31/05/18** **Mrs N Stubbins**
Associate Board Member and
Director of Social Services

**01/06/18
TO
31/03/19** **Ms M Edwards**
Associate Board Member and
Director of Social Services





Performance



The overall objective of the Charity is to provide additional support for the benefit of staff and patients within the Betsi Cadwaladr University Health Board in accordance with the wishes of the donors.

In order to achieve this, the Charity continues to raise staff awareness of fundraising and of the availability of funds and the mechanisms for accessing them.

To ensure that the Charity's money is well spent and meets with its objectives, all applications for grants over £5,000 require approval from either the Charitable Funds Advisory Group or the Charitable Funds Committee, which is a Committee of the full Health Board.

The Charitable Funds Advisory Group was established at the start of 2016 to provide further scrutiny of applications.

The Advisory Group is a sub-committee of the Charitable Funds Committee and has a wide ranging membership, including medical staff, service managers and patient representatives.

For applications between £5,001 and £25,000 the Advisory Group has delegated authority from the Committee to make a decision on approving or otherwise. For applications of over £25,000, the Advisory Group will provide comments for the Charitable Funds Committee's consideration to help inform their decision.

Applicants are required to provide details on key service benefits and ways to measure them, risks and mitigations, and how the proposal addresses health inequalities.

Charity Support Team

The Awyr Las Support Team grew this year.

Two new part-time members joining the team to help ensure that the Charity can keep its Fundraising Promise.

The Support Team prioritises building long-term relationships with supporters and the team aims to make sure all donors get the most out of their involvement with the charity.

The Support Team has helped over 100 different fundraisers and community groups organise fun, safe and sustainable fundraising events and activities over the year, and members of the team have also provided advice and support for external charities which independently support BCUHB healthcare services.

The team has proactively engaged with ongoing legal and regulatory changes, from GDPR to Fundraising Regulator reviews.

The Support Team has forged strong relationships with other NHS Charities to share best practice and work together where possible. The Charity did not receive any official fundraising-related complaints in the past year, though the Support Team did introduce new thanking procedures following feedback from donors concerning the time it sometimes took to receive an acknowledgement after a donation was made.

The Charity Support Team continues to make changes to its processes and partnerships with other teams within BCUHB to ensure the very best supporter care for all.

The Awyr Las Support Team has not uncovered any failure to comply with Fundraising Regulation by staff or Awyr Las volunteers in 2018/19.

The Awyr Las Support Team has chosen to not embark on contracting professional or commercial participators; the focus in 2018/19 has been on upskilling Support Team members and developing a dedicated, passionate crew to lead and support volunteers and supporters.



Grant-making

Awyr Las makes grants from both its restricted and unrestricted funds. These funds are further split into undesignated (general) funds and designated (earmarked) funds.

1. Undesignated funds — These funds are received by the Charity with no particular preference expressed by donors. They are used to fund things that are either needed across the region, or in areas/services that do not have their own fund. The Finance Director – Operational Finance acts as the Fund Advisor on undesignated funds and so can authorise expenditure up to £5,000. Undesignated funds have been decreasing in value significantly over the last few years. This is an ongoing challenge for the Charity as it limits the things that can be funded where there is no suitable designated fund.

2. Designated funds — Within Awyr Las, the majority of donations sit in one of the 400+ designated funds which are aligned to specific areas and/or services. Every fund has at least one Fund Advisor, who acts as the authorised signatory on the fund for purchases up to £5,000. Fund Advisors receive monthly statements outlining the income and expenditure on the fund. Fund Advisors are responsible for ensuring that the expenditure they authorise from their funds is appropriate and fits in with the objects of the fund and the Charity.

For all expenditure over £5,000, a scheme of delegation is in place whereby additional approvals are required from the senior team for that area in the Health Board and the Charitable Funds Committee (delegated to the Charitable Funds Advisory Group for applications £25,000 and under). This ensures that applications are fully reviewed and assessed alongside the objectives of the charity.

In planning activities for the year and when considering applications for grant funding, the trustees always consider the Charity Commission's guidance on public benefit.





Financial summary



The following figures are taken from the full accounts approved on 4th October 2019, which carry an unqualified audit report. The accounts should be viewed in full if more details are required. This part of the trustees' annual report comments on key features of those accounts. The full accounts have also been logged with the Charity Commission.

Almost all of the Charity's income comes from the voluntary efforts of NHS staff and the general public.

This year, donations generated £969,000 – 48% of the Charity's total income.

Fundraising accounted for 15% of the Charity's total income (£306,000).

Legacy gifts formed 33% of the Charity's income (£675,000).

Donations, fundraising and legacies combined account for 96% of the Charity's income this year (£1,950,000).

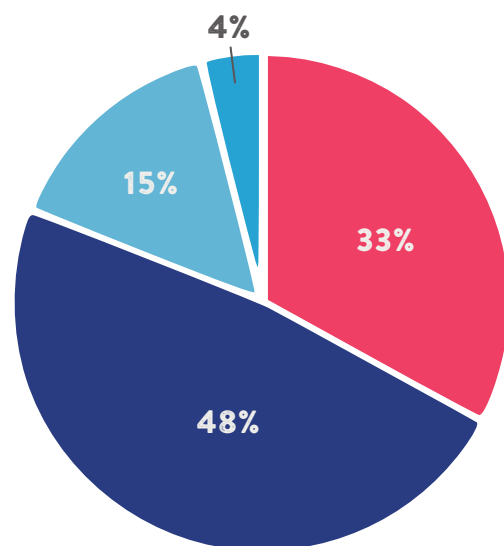
Investment of funds not immediately required by the Charity has generated £73,000 in returns, equating to 4% of Awyr Las' total income.

By supporting an existing fundraising event, or organising one of their own with the knowledge and approval of the Fundraising Support Team, thousands of people have had great fun whilst raising money for Awyr Las over the past year.

Committed volunteers, supported by the Fundraising Support Team, organised hundreds of 'in aid of' events; from small cake bakes to large-scale gala dinners this year, and supporters took part in organised events and challenges across the globe.

- **DONATIONS [48%]**
- **FUNDRAISING [15%]**
- **INVESTMENTS [4%]**
- **LEGACIES [33%]**

TOTAL INCOME 2018/19 £2,023,000



Financial health

The assets and liabilities of Awyr Las as at 31st March 2019 are shown below, compared with the position at 31st March 2018.

Further details can be seen in the financial statements section.

Balance Sheet as at 31 March 2019

	Note	Unrestricted funds £000	Restricted Income funds £000	Total 31 March 2019 £000	Total 31 March 2018 £000
Fixed assets:					
Tangible assets	14	135	0	135	135
Investments	15	4,415	3,547	7,962	7,572
Total fixed assets		4,550	3,547	8,097	7,707
Current assets:					
Debtors	16	198	154	352	841
Cash and cash equivalents	17	511	399	910	876
Total current assets		709	553	1,262	1,717
Liabilities:					
Creditors: Amounts falling due within one year	18	(828)	(645)	(1,473)	(1,799)
Net current assets / (liabilities)		(119)	(92)	(211)	(82)
Total assets less current liabilities		4,431	3,455	7,886	7,625
Creditors: Amounts falling due after more than one year	18	(27)	(21)	(48)	(28)
Total net assets / (liabilities)		4,404	3,434	7,838	7,597
The funds of the charity:					
Restricted income funds	21		3,434	3,434	3,282
Unrestricted income funds	21	4,404		4,404	4,315
Total funds		4,404	3,434	7,838	7,597

Fixed asset investments are investments in quoted stocks and shares. Net current assets represent cash held plus money owed to the Charity, less money owed by the charity to others and any outstanding (commitments made for grant funding that has not yet been spent). Creditors falling due after more than one year represent commitments made for grant funding where the scheme runs for more than one year. Restricted designated funds represent the money held by the charity which can only be used for specific purposes. Unrestricted designated funds represent the 400 plus designated funds which are identified to specific areas and/or services. They have been created in line with sections 90 and 91 of the National Health Service Act 1977 which require that the trustees respect, as far as practicable, the specific intentions of the gifts received through wards, departments and specialties. By designating funds the trustees ensure that those gifts are channelled towards charitable purposes in those areas. General Funds represent those funds available for distribution by the trustees at their discretion.



Risk Analysis



Managing risk

As part of the Charitable Funds Committee meetings that take place at least four times a year, the trustees consider the major risks facing Awyr Las.

The Committee have reviewed systems and identified steps to mitigate those risks. Five major or moderate risks have been identified and arrangements have been put in place to mitigate those risks.

1. Fundraising

There are four themes under this risk: risk of non-compliance with fundraising regulations; the risk of involvement with third parties; the risk that the charity is not aware of all fundraising taking place in its name; and the risk that not all basic processes are in place to ensure the very best support.

To mitigate the first of these risks the Charity has become a member of the Fundraising Regulator and is a member of the Association of NHS Charities.

The Charity Support Team members are encouraged to attend workshops and carry out additional training to ensure all members are aware of existing and new regulation and guidance.

The Charity works with a number of third parties, including volunteer fundraisers. In order to ensure all arrangements with these third parties are clear and set out at the start of the collaboration, third parties and a representative from the Charity Support Team signs a Collaborative Working Agreement (CWA) which lays out the terms of the relationship.

The Charity has numerous supporters, many of whom organise fundraising events in aid of the Charity. The Charity Support Team continues to foster good working relationships with staff across North Wales to ensure good communication links with staff, the public and donors to make sure people are aware of the need to seek approval from the Charity Support Team for any

fundraising being undertaken in the Charity's name.

A revised marketing and stewardship plan has been drawn up which is being implemented over the next 2 years. The plan is designed to help make sure all supporters receive recognition they deserve, and are kept abreast of how their donations make a difference should they choose to keep in touch with the Charity Support Team.

2. Fund Advisors

The Charity's Fund Advisors act on behalf of the Trustee in making certain decisions, but are not always aware of the Charity Commission guidelines that they need to follow. This creates a governance risk for the Charity.

To mitigate this risk a Fund Advisor Handbook has been developed to provide guidance and support to Fund Advisors in discharging their responsibilities. This document includes an Accountability Agreement for all Fund Advisors that ensures roles and responsibilities are understood and accepted.

All Fund Advisors are obliged to undertake an Annual Review of their fund. A rolling programme of Fund Advisor training has been established to minimise governance risk for the charity.

3. Appeals

There is a risk that the charity could give grants to and fundraise for items and services that are not strategic priorities.

The Charity Support team has launched a series of grants:

- The I CAN grant
- Hearts & Minds grants
- The Staff Experience grant

The purpose of these grant programmes is to identify priorities to be funded both now and in the future. The priorities that are presented by frontline staff are then categorised into 4 appeals:

- Older people
- Children and young people
- People with mental health problems
- Families affected by cancer

The appeals may support preventative programmes as well as new facilities, equipment and additional services for primary care and community settings as well as Ysbyty Glan Clwyd, Ysbyty Gwynedd and Wrexham Maelor.

4. Staff engagement

An engaged workforce is crucial to the success of the charity. There is a risk that staff are disengaged, or unaware of the charity, and so do not positively promote it with patients and potential donors.

To mitigate this, an action plan is being rolled out to better inform and involve all staff.

At the centre of this plan are Charity Champions who at ward, department or locality level can help promote the impact of the charity.

5. Investments

A large proportion of the charity's assets are held within the investment portfolio. There is a risk that the portfolio falls significantly in value and severely impairs the charity's ability to support future projects.

Monitoring of investments and the portfolio performance therefore needs to be a continual process. The charity's investment portfolio is monitored on a monthly basis by the Charity Support Team and on a quarterly basis by the Charitable Funds Committee.

The investment policy is reviewed by the Committee on an annual basis, in conjunction with the Investment Managers, to ensure it remains relevant to the charity's long-term strategy.





Future Plans



BENEFICIARIES



BENEFACTORS



BENDIGEDIG



BENEVOLENT

The charity's strategic plans are outlined in the Awyr Las Strategy for 2016 to 2021. The strategy highlights the importance of the four pillars of the Charity - the 'Bens'.



Beneficiaries:

The patients and families we serve



Benefactors:

The donors whose gifts ensure the Charity can continue to enhance healthcare provision



Bendigedig:

The NHS staff across North Wales



Benevolent:

The volunteers who give their time to support the Charity

The 'Bens' lie at the heart of all Awyr Las' future plans.



Principal Goals

The principal goals for the Charity are to help:

1. Create transformational change for the most vulnerable across the region
2. Support impactful change for patients and their families at a local level

Transformational Change

The Charity aims to prioritise programmes which help to improve the health and wellbeing of the most vulnerable across the region. Awyr Las provides support for all patients and service users but in order to help create transformational change, a greater emphasis is being placed on:

- Older people
- Children
- Mental Health services

Impactful Change

The Charity Support Team is working with operational staff, patients and their carers to identify local requirements (including new equipment and facilities; special project; research and education programmes) so that donations through the Charity will help support impactful change for patients and their families at a local level.

The Awyr Las Support Team is also focussing on achieving key operational goals, which are detailed in the Awyr Las Strategy for 2016-21, available to read in full at: awyrilas.org.uk/about-awyr-las.



Visibility



The Charity undertook a number of activities during the year to increase visibility and awareness of Awyr Las.

As part of this, the Awyr Las mascot, Nel Del, was used extensively throughout 2018/19 to engage with NHS staff, corporate supporters and the wider community.



Reserves Policy



Reserves that are part of a Charity's unrestricted funds which are freely available to spend on any of the Charity's purposes.

The reserves policy explains why a charity is holding a particular amount of reserves and should take into account the Charity's financial circumstances and other relevant factors.

To establish the Charity's target level of reserves, a number of factors were considered:

- Anticipated levels of income and expenditure for the current and future years.
- Anticipated levels of expenditure for the current and future years.
- Future needs and opportunities, commitments and risks.

This includes looking at future plans, projects or other spending needs that cannot be met from the income of a single year's budget.

Taking these into account, here is the Charity's reserves policy for 2018/19.

The reserves policy has the objective of ensuring that the Charity has sufficient funds available to maintain liquidity, cover unforeseen risks and provide for future opportunities.

The Charity relies heavily on income from donations, fundraising and legacies. These are unpredictable sources that can vary year to year. Therefore the Charity needs sufficient reserves to be able to continue its activities in the event of fluctuations in its income.

The Charity has a target level of reserves of £3,060,000.

This is based on the following calculation, with average figures taken from the last three years' of audited accounts:

- One year's administration costs (support costs, fundraising costs and investment management costs).
- 25% of the value of investments held.
- 25% of the grant funded activity expenditure.
- The target level of reserves will be reassessed on an annual basis.

The Trustee will review the actual reserves held against the target throughout the year, to ensure that sufficient funds are held within the charity, whilst also continuing to utilise funds within a reasonable period of receipt.



Awyr Las is one of over 250 NHS linked charities in England and Wales who are eligible to join the Association of NHS Charities, now known as NHS Charities Together.



As a member charity of NHS Charities Together, Awyr Las has the opportunity to discuss matters of common concern and exchange information and experiences, join together to lobby government departments and others, and to participate in conferences and seminars which offer support and education for Charity Support Team staff.

Related parties

Members of the Health Board (and other senior staff) take decisions both on the Charity and Health Board matters but endeavor to keep the interests of each discrete. The Charity provides the majority of its grants to the Betsi Cadwaladr University Health Board.

Relationship with the wider community

The support given through Awyr Las and other charities that directly support North Wales' hospitals and community health care services has a huge impact on patients and also on staff. The Awyr Las Support Team and volunteers continue to forge strong relationships with NHS members of staff and local organisations and businesses that play a vital role in the success of the Charity.

The Awyr Las Support Team oversees Awyr Las' grant programmes and provides support and advice for the charity's many supporters. In addition, support is given to independent local charities that fund equipment and special services, such as 'Leagues of Friends' and the 'Maelor Voluntary Service'.

In 2018/19, 19 of these independent charities collectively gifted £1,246,160 to benefit BCUHB health services.

The donations given to BCUHB services from these organisations are not included in the Awyr Las accounts. Nevertheless, we thought it was important that these important charities be recognised in this report for their invaluable contribution to BCUHB's services and to their local communities.

As Vice President of Attend, the National Association that supports Leagues of Friends, I feel privileged to have met many members of these local groups over the years and I have been amazed to see the impressive work their volunteers do. They are magnificent citizens with considerable ability and hearts of gold.

On behalf of BCUHB, I would like to offer sincere thanks for all that these wonderful charities do.

Barry Jones



With grateful thanks

RT HON LORD BARRY JONES P.C.

HONORARY PRESIDENT OF AWYR LAS & VICE PRESIDENT OF ATTEND



BETSI CADWALADR UNIVERSITY HEALTH BOARD CHARITY & OTHER RELATED CHARITIES

ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2019

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

Statutory Background

The Betsi Cadwaladr University Local Health Board is the corporate trustee of the Charity under paragraph 16c of Schedule 2 of the NHS and Community Care Act 1990.

The Trustees have been appointed under s11 of the NHS and Community Care Act 1990.

Awyr Las, the working name of the Betsi Cadwaladr University Health Board Charity and other related Charities, is a registered charity and is constituted under a trust deed dated 23rd September 2010. Within the Charity group registration there are two subsidiary charities:

- Betsi Cadwaladr University Health Board Charity; and
- The North Wales Cancer Appeal.

Main Purpose of the Funds Held on Trust

The main purpose of the Charity is to apply income for any charitable purposes relating to the National Health Service wholly or mainly for the services provided by the Betsi Cadwaladr University Local Health Board.



Statement of Financial Activities for the year ended 31 March 2019

		Unrestricted funds £000	Restricted Income funds £000	Total Funds 2018-19 £000
	Note			
Incoming resources from generated funds:				
Donations and legacies	3	911	733	1,644
Other trading activities	5	247	59	306
Investments	6	43	30	73
Total incoming resources		1,201	822	2,023
Expenditure on:				
Raising Funds	7	196	122	318
Charitable activities	8	1,124	714	1,838
Total expenditure		1,320	836	2,156
Net gains / (losses) on investments	15	229	145	374
Net income / (expenditure)		110	131	241
Transfer between funds	20	(21)	21	0
Net movement in funds		89	152	241
Reconciliation of Funds				
Total Funds brought forward	21	4,315	3,282	7,597
Total Funds carried forward		4,404	3,434	7,838



Statement of Financial Activities for the year ended 31 March 2018

	Unrestricted funds £000	Restricted Income funds £000	Total Funds 2017-18 £000
Incoming resources from generated funds:			
Donations and legacies	1,137	876	2,013
Other trading activities	347	56	403
Investments	41	26	67
Total incoming resources	1,525	958	2,483
Expenditure on:			
Raising Funds	309	29	338
Charitable activities	1,391	1,371	2,762
Total expenditure	1,700	1,400	3,100
Net gains / (losses) on investments	83	37	120
Net income / (expenditure)	(92)	(405)	(497)
Transfer between funds	(103)	103	0
Net movement in funds	(195)	(302)	(497)
Reconciliation of Funds			
Total Funds brought forward	4,510	3,584	8,094
Total Funds carried forward	4,315	3,282	7,597



Balance Sheet as at 31 March 2019

		Unrestricted	Restricted	Total	Total
	Note	funds	Income	31 March	31 March
		£000	funds	2019	2018
		£000	£000	£000	£000
Fixed assets:					
Tangible assets	14	135	0	135	135
Investments	15	4,415	3,547	7,962	7,572
Total fixed assets		4,550	3,547	8,097	7,707
Current assets:					
Debtors	16	198	154	352	841
Cash and cash equivalents	17	511	399	910	876
Total current assets		709	553	1,262	1,717
Liabilities:					
Creditors: Amounts falling due within one year	18	(828)	(645)	(1,473)	(1,799)
Net current assets / (liabilities)		(119)	(92)	(211)	(82)
Total assets less current liabilities		4,431	3,455	7,886	7,625
Creditors: Amounts falling due after more than one year	18	(27)	(21)	(48)	(28)
Total net assets / (liabilities)		4,404	3,434	7,838	7,597
The funds of the charity:					
Restricted income funds	21		3,434	3,434	3,282
Unrestricted income funds	21	4,404		4,404	4,315
Total funds		4,404	3,434	7,838	7,597

The notes on pages 48 to 65 form part of these accounts.

Signed:

Name: (Chair of Trustees)

Date: 4th October 2019



Statement of Cash Flows for the year ending 31 March 2019

	Note	Total Funds 2018-19 £000	Total Funds 2017-18 £000
Cash flows from operating activities:			
Net cash provided by (used in) operating activities	19	(23)	391
Cash flows from investing activities:			
Dividend, interest and rents from investments	6	73	67
Proceeds from the sale of investments	15	1,429	1,248
Purchase of investments	15	(1,408)	(1,182)
(Increase) / decrease in cash awaiting investment	15	(37)	(78)
Net cash provided by (used in) investing activities		57	55
Change in cash and cash equivalents in the reporting period		34	446
Cash and cash equivalents at the beginning of the reporting period	17	876	430
Cash and cash equivalents at the end of the reporting period	17	910	876



Note on The Accounts

1. Accounting Policies

(a) Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at fair value.

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

In future years, the key risks to the Charity are a fall in income from donations or investment income but the Trustees have arrangements in place to mitigate those risks (see the risk management and reserves sections of the annual report for more information).

The Charity meets the definition of a public benefit entity under FRS 102.

(b) Funds structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as:

- A restricted fund or
- An endowment fund.

Restricted funds are those where the donor has provided for the donation to be spent in furtherance of a specified charitable purpose. The Charity's restricted funds tend to result from appeals or legacies for specified purposes.



(b) Funds structure (continued)

Endowment funds arise when the donor has expressly provided that the gift is to be invested and only the income of the fund may be spent. These funds are subanalysed between those where the Trustees have the discretion to spend the capital (expendable endowment) and those where there is no discretion to expend the capital (permanent endowment). The Charity has no permanent or expendable endowment funds.

Those funds which are neither endowment nor restricted income funds, are unrestricted income funds which are subanalysed between designated (earmarked) funds where the Trustees have set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the Trustees' discretion, including the general fund which represents the Charity's reserves. The major funds held in each of these categories are disclosed in note 21.

(c) Incoming resources

Income consists of donations, legacies, income from charitable activities and investment income.

Donations are accounted for when received by the Charity. All other income is recognised once the Charity has entitlement to the resources, it is probable (more likely than not) that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability.

Where there are terms or conditions attached to incoming resources, particularly grants, then these terms or conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms or conditions have not been met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year and deferred and shown on the balance sheet as deferred income.

(d) Incoming resources from legacies

Legacies are accounted for as incoming resources either upon receipt or where the receipt of the legacy is probable, whichever falls sooner.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted
- The executors have established that there are sufficient assets in the estate to pay the legacy and
- All conditions attached to the legacy have been fulfilled or are within the Charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.



(e) Resources expended and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

(f) Recognition of expenditure and associated liabilities as a result of grants

Grants payable are payments made to linked, related party or third party NHS bodies and non NHS bodies, in furtherance of the charitable objectives of the funds held on trust, primarily relief of those who are sick.

Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment.

A constructive obligation arises when:

- We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant
- We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant
- There is an established pattern of practice which indicates to the recipient that we will honour our commitment.

The Trustees have control over the amount and timing of grant payments and consequently where approval has been given by the Trustees and any of the above criteria have been met then a liability is recognised.

Grants are not usually awarded with conditions attached. However, when they are those conditions have to be met before the liability is recognised.

Where an intention has not been communicated, then no expenditure is recognised but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met then no liability is recognised but a contingent liability is disclosed.



(g) Allocation of support costs

Support costs are those costs which do not relate directly to a single activity. These include staff costs, costs of administration, internal and external audit costs. Support costs have been apportioned between fundraising costs and charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 11.

(h) Fundraising costs

The costs of generating funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objects. The costs of generating funds represent fundraising costs together with investment management fees. Fundraising costs include expenses for fundraising activities and a fee paid to a related party, the Health Board, under a fundraising agreement. The fee is used to pay the salaries and overhead costs of the Health Boards' fundraising office.

(i) Charitable activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 8.

(j) Tangible assets

Tangible fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Cost includes the original purchase price (or value of the asset on a full replacement cost basis if donated), costs directly attributable to bringing the asset to its working condition for its intended use, dismantling and restoration costs. Tangible fixed assets are capitalised if they are capable of being used for more than one year and have a cost equal to or greater than £5,000.

Land is stated at open market value. Valuations are carried out professionally at five-yearly intervals. No depreciation is applied to land.

Tangible fixed assets are derecognised on disposal or when no future economic benefits are expected. On disposal, the difference between the net disposal proceeds and the carrying amount is recognised in the Statement of Financial Activities (SoFA).



(k) Investments

Investments are a form of basic financial instrument. Fixed asset investments are initially recognised at their transaction value and are subsequently measured at their fair value (market value) at the balance sheet date. The Statement of Financial Activities includes the net gains and losses arising on revaluation and disposals throughout the year.

The main form of financial risk faced by the Charity is that of volatility in equity markets and other investment markets due to wider economic conditions, the attitude of investors to investment risk and changes in sentiment concerning equities and within particular sectors. Further information on the Charity's investments can be found in note 15.

(l) Debtors

Debtors are amounts owed to the Charity. They are measured on the basis of their recoverable amount.

(m) Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in notice interest bearing savings accounts.

(n) Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt.

Amounts which are owed in more than a year are shown as long term creditors.

(o) Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening carrying value (purchase date if later). Unrealised gains and losses are calculated as the difference between the closing and opening carrying values, adjusted for purchases and sales.



2. Related party transactions

During the year none of the Trustee's Representatives or members of the key management staff or their close relatives have undertaken any material transactions with the Betsi Cadwaladr University Health Board Charitable Funds.

Board Members (and other senior staff) take decisions both on Charity and Exchequer matters but endeavour to keep the interests of each discrete and do not seek to benefit personally from such decisions. Declarations of personal interest have been made in both capacities and are available to be inspected by the public.

The Charity has made grant payments for revenue and capital to the Betsi Cadwaladr University Health Board. Such payments are for specific items which are in furtherance of the Charity's objectives. The Betsi Cadwaladr University Health Board prepares its accounts in accordance with the Government Financial Reporting Manual (FReM) and International Financial Reporting Standards (IFRS), whereas the Charity prepares its accounts in accordance with FRS 102. The Charity therefore recognises a constructive obligation when it awards a grant, whereas the Health Board recognises it when the grant is received. This creates a timing issue as the Charity recognises expenditure before the Health Board does.

In its accounts and under FRS 102, the Charity recognises that it has made grant payments to the Betsi Cadwaladr University Health Board totalling £1.74 million (2017-18: £2.86 million). Under the FReM and IFRS, grant payments to the Betsi Cadwaladr University Health Board totalled £2.11 million (2017-18: £1.66 million). The audited accounts of the Betsi Cadwaladr University Health Board are included in their annual report and are available from their website.

Material transactions between the Charity and related parties disclosed during 2018-19 were as follows:	Expenditure with related party £000	Amounts owed to related party £000	Income from related party £000	Amounts owed by related party £000
Bangor University	70	62	0	0
Conwy County Borough Council	6	0	0	0
Arts Council of Wales	0	0	10	10
North Wales Police & Crime Commissioner	1	0	0	0



A number of the Health Board's members have declared interests in related parties as follows:

Name	Details	Interests
Mr G Doherty	Chief Executive	<ul style="list-style-type: none"> • Trustee of Dangerpoint, a charity which provides health and safety training to children across North Wales. This role is not remunerated. • Wife is employed by Health Education England.
Dr E Moore	Medical Director / Deputy Chief Executive	<ul style="list-style-type: none"> • Wife is the Clinical Director of Breast and Endocrine Surgery at the Royal Liverpool and Broadgreen University Teaching Hospital NHS Trust.
Mr A Thomas	Executive Director of Therapies and Health Sciences	<ul style="list-style-type: none"> • Panel member of the Health Care Professions Council. • Spouse is employed by Boots as an Accuracy Checking Technician.
Mr G Lang	Executive Director of Strategy (01/04/2018 - 13/05/2018)	<ul style="list-style-type: none"> • Governor of Coleg Cambria
Mr R Favager	Executive Director of Finance	<ul style="list-style-type: none"> • Daughter is on the NHS Wales Finance Graduate Scheme at the Health Board.
Dr J C Stockport	Executive Director Primary Care and Community Services (01/10/2018 - 31/03/2019)	<ul style="list-style-type: none"> • Occasional advice as a World Health Organisation expert consultant on integrated primary care. Basic expenses are reimbursed; no salary is taken.
Dr P Higson	Chair (01/04/2018 - 31/08/2018)	<ul style="list-style-type: none"> • Trustee of Cartrefi Cymru. • Self employed Clinical Psychologist.
Mr M Polin OBE QPM	Chair (01/09/2018 - 31/03/2019)	<ul style="list-style-type: none"> • Wife is employed by the Health Board.
Mrs M Hanson	Vice Chair (01/04/2018 - 31/05/2018)	<ul style="list-style-type: none"> • Husband is the Member of Parliament for Delyn.
Mrs M W Jones	Independent Member and Vice Chair	<ul style="list-style-type: none"> • Member of Snowdonia National Park Authority: April 2018 - July 2018. • Member of Pwyllgor Mind Cymru: April 2018 - July 2018. • Vice Chair of Arts Council Wales. • Chair of Council, Bangor University. • Trustee of Canolfan Gerdd William Mathias. • Trustee of Kyffin Williams Trust. • Sister and two nieces are employees of the Health Board.
Prof J Rycroft-Malone	Independent Member	<ul style="list-style-type: none"> • Programme Director - National Institute for Health NIHR HS&DR Research Programme. • Husband is employed by the Health Board.

(Table continued overleaf)



Accounts

Name	Details	Interests
Mr C Stradling	Independent Member (01/04/2018 - 05/03/2019)	<ul style="list-style-type: none"> • Deputy Chair of the Local Democracy and Boundary Commission for Wales. • Member of the Snowdonia National Park Authority.
Mrs B Russell Williams	Independent Member (01/04/2018 - 05/03/2019)	<ul style="list-style-type: none"> • Chief Executive Officer Mantell Gwynedd (Third sector umbrella body) • A number of family members are employed by the Health Board.
Mr J Cunliffe	Independent Member	<ul style="list-style-type: none"> • Director of Abernet Ltd. • Member of the Joint Audit Committee, North Wales Police & Crime Commissioner. • Spouse is employed by the Health Board.
Cllr C Carlisle	Independent Member	<ul style="list-style-type: none"> • Cabinet Member for Children, Families and Safeguarding for Conwy County Borough Council. • Deputy Leader of Conwy County Borough Council. • Member of Conwy & Denbighshire Joint Adoption Panel. • Lead Member for children on Conwy County Borough Council. • Group Leader of the Conservative Group of Conwy County Borough Council. • Deputy Chair (political) of the Clwyd West Conservatives. • Secretary of Old Colwyn local football club. • Committee member of Old Colwyn Residents Association. • Committee member of Tan Lan Community Centre.
Ms H Wilkinson	Independent Member (01/09/2018 - 31/03/2019)	<ul style="list-style-type: none"> • Chief Executive of Denbighshire Voluntary Services Council (NEWVOL).
Mrs L J Reid	Independent Member (01/09/2018 - 31/03/2019)	<ul style="list-style-type: none"> • Anakrisis Ltd (Management Consultancy) - provides consultancy and training to NHS organisations in England. • Tribunal Chair for the Medical Practitioners Tribunal Service of the General Medical Council. • Magistrate for the North Wales Family and Criminal Benches - HM Court and Tribunal Service. • Specialist advisor to the Care Quality Commission. • Spouse is a local GP practicing in Denbighshire.
Mr Ff Williams	Associate Board Member - Chair, Stakeholder Reference Group	<ul style="list-style-type: none"> • Chief Executive of Cartrefi Cymunedol Gwynedd, a housing association operating predominantly out of Gwynedd. In this role works closely with Health Board Area Directors. • Wife is employed by the Health Board. • Sister and Brother-in-Law work for Mental Health Services in Bangor (Childrens Services).



3. Income from donations and legacies

	Unrestricted funds £000	Restricted Income funds £000	Total 2018-19 £000	Total 2017-18 £000
Donations	911	58	969	1,170
Legacies	0	675	675	843
	911	733	1,644	2,013

4. Role of volunteers

Like all charities, the Betsi Cadwaladr University Health Board Charity is reliant on a team of volunteers for our smooth running. Our volunteers perform two roles:

- **Fund Advisors** – Within the Charity there are 379 designated funds which are identified to specific areas and/or services. Every fund has at least one Fund Advisor, who acts as the authorised signatory on the fund for purchases up to £5,000 and receives monthly statements as to the income and expenditure on the fund. Fund Advisors are responsible for ensuring that the expenditure they authorise from their funds is appropriate and fits in with the objects of the fund and the Charity. They are also responsible for ensuring that their designated fund is never in a deficit position.
- **Fundraisers** – A number of volunteers actively support the Charity by running in aid of events such as coffee mornings, sponsored walks and sports tournaments, as well as supporting events directly organised by the Charity.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

5. Other trading activities

Income from other trading activities arises from fundraising events that are organised by the Charity, or by volunteers in aid of the Charity. These include events such as coffee mornings, cake bakes, sporting challenges and sponsored walks.



6. Gross investment income

	Unrestricted funds £000	Restricted Income funds £000	Total 2018-19 £000	Total 2017-18 £000
Fixed asset equity and similar investments	42	30	72	67
Short term investments, deposits and cash on deposit	1	0	1	0
	43	30	73	67

7. Analysis of expenditure on raising funds

	Unrestricted funds £000	Restricted Income funds £000	Total 2018-19 £000	Total 2017-18 £000
Fundraising office	125	89	214	195
Fundraising events	35	6	41	85
Investment management	27	20	47	46
Support costs	9	7	16	12
	196	122	318	338



8. Analysis of expenditure on charitable activity

	Grant funded activity £000	Support costs £000	Total 2018-19 £000	Total 2017-18 £000
Grants for NHS Capital expenditure	159	33	192	1,143
Staff education and welfare	521	24	545	681
Patient education and welfare	962	33	995	919
Medical research	102	4	106	(12)
Other	0	0	0	31
	1,744	94	1,838	2,762

9. Analysis of grants

The Charity does not make grants to individuals. All grants are made to the Health Board to provide for the care of NHS patients in furtherance of our charitable aims. The total cost of making grants, including support costs, is disclosed on the face of the Statement of Financial Activities and the actual funds spent on each category of charitable activity, is disclosed in note 8.

The Trustees operate a scheme of delegation for the charitable funds, under which Fund Advisors manage the day to day disbursements on their projects, in accordance with the directions set out by the Trustees in the Charity Standing Financial Instructions. Funds managed under the scheme of delegation represent ongoing activities and it is not possible to segment these activities into discrete individual grant awards. The Trustees do make grant awards based on invited applications from the Health Board.



10. Movements in funding commitments

	Current liabilities £000	Non-current liabilities £000	Total 31 March 2019 £000	Total 31 March 2018 £000
Opening balance at 1 April (see note 18)	1,409	28	1,437	297
Movement in liabilities	(538)	20	(518)	1,140
Closing balance at 31 March (see note 18)	871	48	919	1,437

As described in notes 8 and 9, the Charity awards a number of grants in the year. Many grants are awarded and paid out in the same financial year. However, some grants, especially those relating to research and development or for funding specific posts are multi-year grants paid over a longer period.

11. Allocation of support costs

Governance costs are those support costs which relate to the strategic and day to day management of a charity.

Support and overhead costs are allocated between fundraising activities and charitable activities based on the proportion of expenditure incurred against them both during the year. These support and overhead costs are then further allocated to unrestricted and restricted funds based on the balance held in these funds.

	Raising funds £000	Charitable activities £000	Total 2018-19 £000	Total 2017-18 £000
Governance				
External audit	1	9	10	10
Finance and administration	7	41	48	47
Total governance	8	50	58	57
Finance and administration	7	41	48	49
Other costs	1	3	4	9
	16	94	110	115



11. Allocation of support costs (continued)

	Unrestricted funds £000	Restricted Income funds £000	Total Funds 2018-19 £000	Total Funds 2017-18 £000
Raising funds	9	7	16	12
Charitable activities	53	41	94	103
	<u>62</u>	<u>48</u>	<u>110</u>	<u>115</u>

12. Trustees' remuneration, benefits and expenses

The Charity does not make any payments for remuneration nor to reimburse expenses to the Charity Trustees for their work undertaken as Trustees.

13. Auditors remuneration

The auditors remuneration of £10,250 (2017-18: £10,250) related solely to the audit of the statutory annual report and accounts.



14. Tangible fixed assets

	Freehold land 2018-19 £000	Freehold land 2017-18 £000
Cost and valuation		
Balance brought forward	135	0
Additions	0	135
Disposals	0	0
Balance at 31st March	<u>135</u>	<u>135</u>
Depreciation and impairments		
Balance brought forward	0	0
Disposals	0	0
Impairment	0	0
Balance at 31st March	<u>0</u>	<u>0</u>
Net book value at 1st April	135	0
Net book value at 31st March	<u>135</u>	<u>135</u>

During 2017-18, a piece of land located in Porthmadog was donated to the Charity, for the benefit of the Madog Community & Hospital fund. The land was independently and professionally valued at open market value by the District Valuer in March 2018. There has been no impairment to the land in 2018-19. The Charity intends to dispose of the land on the open market.

15. Fixed asset investments

Movement in fixed assets investments	Total 2018-19 £000	Total 2017-18 £000
Market value brought forward	7,572	7,440
Add: additions to investments at cost	1,408	1,182
Less disposals at carrying value	(1,414)	(1,208)
Increase / (decrease) in cash awaiting investment	22	38
Add net gain / (loss) on revaluation	374	120
Market value as at 31st March	<u>7,962</u>	<u>7,572</u>



15. Fixed asset investments (continued)

All investments are carried at their fair value.

All of the Charity's investments are held within a portfolio managed by Rothschild Wealth Management Limited. The key objective of the portfolio is to preserve and grow the investments' value in real terms, in order to continue to support charitable distributions over the long term. In order to meet this objective, the Trustees have agreed on a 'balanced' approach for the investment strategy. A 'balanced' portfolio is intended to achieve steady growth over the long term through a diversified approach to investment. Attention is paid to avoiding the worst of the downside and capturing some, but not all, of the upside of financial market returns. Capital preservation in real terms over a long time horizon is the primary objective, and some volatility is acceptable in order to achieve this.

In line with this investment strategy, at the 31st March 2019 the portfolio had a 69% allocation to return assets. Return assets are expected to drive long-term performance but are also likely to be volatile over shorter periods. In addition, the portfolio held a 31% allocation to diversifying assets. These assets are included to provide real diversification and protection in difficult market conditions. Overall, the portfolios remain relatively defensively positioned. This approach provides protection on the downside, but allows the addition of return assets opportunistically, taking advantage of attractive prices particularly during market turbulence.

The environment for investors remains challenging and fraught with risks. In managing our portfolios, Rothschild Wealth Management Limited assess these risks and the potential impact they will have on the portfolio on an on-going basis. They also adjust investments to make the most of opportunities and to protect against risks as they see them. Risks promote uncertainty and make markets unpredictable over short periods. A solid allocation to diversifying assets and portfolio protection has therefore been maintained, resulting in risk within the portfolio being considerably lower than the broader equity markets.

16. Analysis of current debtors

Debtors under 1 year	Total	Total
	31 March	31 March
	2019	2018
	£000	£000
Accrued income	340	708
Prepayments	1	2
Other debtors	11	131
	352	841



17. Analysis of cash and cash equivalents

	Total 31 March 2019 £000	Total 31 March 2018 £000
Cash in hand	910	876
	910	876

No cash or cash equivalents or current asset investments were held in non-cash investments or outside of the UK.

18. Analysis of liabilities

	Total 31 March 2019 £000	Total 31 March 2018 £000
Creditors under 1 year		
Trade creditors	120	47
Creditors owed to BCU	401	215
Accruals for grants owed to NHS bodies	871	1,409
Other accruals	81	128
	1,473	1,799
Creditors over 1 year		
Accruals for grants owed to NHS bodies	48	28
	48	28
Total creditors	1,521	1,827



19. Reconciliation of net income / expenditure to net cash flow from operating activities

	Total 2018-19 £000	Total 2017-18 £000
Net income / (expenditure) (per Statement of Financial Activities)	241	(497)
Adjustment for:		
(Gains) / losses on investments	(374)	(120)
Dividends, interest and rents from investments	(73)	(67)
Donated fixed assets	0	(135)
(Increase) / decrease in debtors	489	(141)
Increase / (decrease) in creditors	(306)	1,351
Net cash provided by (used in) operating activities	(23)	391

20. Transfer between funds

There have been the following transfers between material designated funds:

- £11,067 was transferred from General Funds (unrestricted) to North Wales Cancer Appeal (restricted) to refund the costs of the Charity.
- £10,102 was transferred from General Funds (unrestricted) to various restricted funds to reimburse net overall charity costs, less income from interest and investment gain/loss.



21. Analysis of funds

a. Analysis of restricted fund movements

	Balance 1 April 2018 £000	Income £000	Expenditure £000	Transfers £000	Gains and losses £000	Balance 31 March 2019 £000
General Fund, YG	455	77	(19)	0	21	534
North Wales Cancer Appeal	240	45	(21)	11	9	284
General Fund, YGC	247	33	(11)	0	11	280
Wrexham Medical Institute	273	2	(11)	0	10	274
BCU Legacies Fund	57	193	0	0	0	250
Cardiology Fund, YMW	138	87	(8)	0	7	224
General Fund, Llandudno	169	32	(7)	0	8	202
Leukaemia/Allied Blood Disease, YMW	166	2	(7)	0	6	167
General Fund, YMW	160	1	(7)	0	6	160
Pathology Leukaemia/Haematology, YG	115	1	(6)	0	4	114
Cardiology Department, YGC	176	1	(114)	0	5	68
Cancer Fund, YGC	155	120	(287)	0	12	0
Other Funds	931	228	(338)	10	46	877
	3,282	822	(836)	21	145	3,434

The objects of each of the restricted funds are to benefit the patients of the area, department or service stated in the funds' name, in accordance with the Charity's overall objectives. There is one fund listed above that is not aligned to a specific area:

- The BCU Legacies fund holds the accruals for legacies where probate has been granted, but we have not yet received the cash. This fund is used to protect the designated funds from fluctuations in the final legacy received. When the legacy is received it will be credited to the designated fund specified in the Will and the accrual will be reversed out from the BCU Legacies fund.

The Trustees have set an opening or closing balance of £100,000 or above as the threshold for the separate reporting of material designated funds. In the interests of accountability and transparency a complete breakdown of all such funds is available upon written request.



21. Analysis of funds (continued)

b. Analysis of unrestricted and material designated fund movements

	Balance 1 April 2018 £000	Income £000	Expenditure £000	Transfers £000	Gains and losses £000	Balance 31 March 2019 £000
Investment Gains	431	229	0	0	0	660
Cancer Fund, YGC	560	97	(42)	0	0	615
Alaw Ward, YG	248	158	0	0	0	406
Cancer Support Group, YMW	254	102	(53)	0	0	303
Staff Development Fund	205	0	(50)	0	0	155
Madog Community & Hospital	135	0	0	0	0	135
General Fund, Llandudno	130	0	0	0	0	130
General Fund, YG	130	0	0	0	0	130
Cardiology Department, YGC	102	12	0	0	0	114
Gynae Services - West	104	1	0	0	0	105
Palliative Care Fund, YMW	133	11	(40)	0	0	104
Diabetes & Endocrinology, Centre	101	2	(5)	0	0	98
Other Funds	1,782	589	(1,130)	(21)	229	1,449
	4,315	1,201	(1,320)	(21)	229	4,404

The objects of each of the unrestricted funds are to benefit the patients of the area, department or service stated in the funds' name, in accordance with the Charity's overall objectives. There is one fund listed above that is not aligned to a specific area:

- The Investment Gains fund holds the unallocated and unrealised gains and losses on the investment portfolio. This fund is used to protect the other designated funds from fluctuations in the investment values.

The General Funds include all donations for which a donor has not expressed any preference as to how the funds shall be spent. These funds are applied for any charitable purpose to the benefit of the patients of the Health Board, at the discretion of the Trustees.

The Trustees have set an opening or closing balance of £100,000 or above as the threshold for the separate reporting of material designated funds. In the interests of accountability and transparency a complete breakdown of all such funds is available upon written request.



22. Post balance sheet events

There is one post balance sheet event which has not been adjusted for in the accounts.

The accounting statements are required to reflect the conditions applying at the end of the financial year. No adjustments are therefore made for any changes in the market value of the investments between the 1st April 2019 and the date the accounting statements are approved. The market value of the investments held by the Charity as at the 31st March 2019 have increased by a material amount in the intervening period as follows:

	31 March 2019 £000	20 September 2019 £000	Movement £000	Movement %
Investments	7,962	8,325	363	4.56%



Statement of the Trustee's Finance Representative's Responsibilities

As the Trustee's Finance Representative for the Charity, I am responsible for:

- the maintenance of financial records appropriate to the activities of the funds.
- the establishment and monitoring of a system of internal control.
- the establishment of arrangements for the prevention of fraud and corruption.
- the preparation of annual financial statements which give a true and fair view of the Charity and the results of its operations.

In fulfilment of these responsibilities I confirm that the financial statements set out on pages 29 to 45 attached have been compiled from and are in accordance with the financial records maintained by the Trustee and with applicable accounting standards and policies for the NHS.

.....

Trustee's Finance Representative

4th October 2019



Statement of the Trustee's Responsibilities in Respect of the Accounts

The Trustee's Representatives are required under the National Health Services Act 1997 to prepare accounts for each financial year. The Welsh Government, with the approval of HM Treasury, directs that these accounts give a true and fair view of the financial position of the Charity. In preparing those accounts, the Trustee's Representatives are required to:

- apply on a consistent basis accounting policies laid down by the First Minister for Wales with the approval of HM Treasury.
- make judgements and estimates which are reasonable and prudent.
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts.

The Trustee's Representatives confirm that they have complied with the above requirements in preparing the accounts.

The Trustee's Representatives are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the accounts comply with requirements outlined in the above mentioned direction by the Welsh Government. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the Trustees

.....

Trustee's Representative

4th October 2019

.....

Trustee's Finance Representative

4th October 2019



Audit report of the Auditor General to the Trustee of the Betsi Cadwaladr University Health Board Charity

Report on the audit of the financial statements

Opinion

I have audited the financial statements of Betsi Cadwaladr University Health Board Charity for the year ended 31 March 2019 under the Charities Act 2011. These comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In my opinion the financial statements:

- give a true and fair view of the state of affairs of the charity as at 31 March 2019 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the Charities Act 2011.

Basis for opinion

I conducted my audit in accordance with applicable law and International Standards on Auditing in the UK (ISAs (UK)). My responsibilities under those standards are further described in the auditors responsibilities for the audit of the financial statements section of my report. I am independent of the charity in accordance with the ethical requirements that are relevant to my audit of the financial statements in the UK including the Financial Reporting Councils Ethical Standard, and I have fulfilled my other ethical responsibilities in accordance with these requirements. I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my opinion.



Audit report of the Auditor General to the Trustee of the Betsi Cadwaladr University Health Board Charity

Report on the audit of the financial statements (continued)

Conclusions relating to going concern

I have nothing to report in respect of the following matters in relation to which the ISAs (UK) require me to report to you where:

- the trustees use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Report on other requirements

Other information

The other information comprises the information included in the annual report other than the financial statements and my auditors report thereon. The trustees are responsible for the other information in the annual report and accounts. My opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in my report, I do not express any form of assurance conclusion thereon.

In connection with my audit of the financial statements, my responsibility is to read the other information to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by me in the course of performing the audit. If I become aware of any apparent material misstatements or inconsistencies I consider the implications for my report.



Audit report of the Auditor General to the Trustee of the Betsi Cadwaladr University Health Board Charity

Matters on which I report by exception

I have nothing to report in respect of the following matters, which the Charities (Accounts and Reports) Regulations 2008 require me to report to you if, in my opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees report;
- sufficient accounting records have not been kept;
- the financial statements are not in agreement with the accounting records and returns; or
- I have not received all of the information and explanations I require for my audit.

Responsibilities

Responsibilities of the trustees for the financial statements

As explained more fully in the statement of trustees responsibilities, the trustees are responsible for preparing the financial statements in accordance with the Charities Act 2011, for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing as applicable, matters related to going concern and using the going concern basis of accounting unless deemed inappropriate.



Audit report of the Auditor General to the Trustee of the Betsi Cadwaladr University Health Board Charity

Auditor's responsibilities for the audit of the financial statements

I have been appointed as auditor under section 150 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

My objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes my opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of the auditor's responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website www.frc.org.uk/auditorsresponsibilities. This description forms part of my auditors report.

Adrian Crompton
Auditor General for Wales
9 October 2019

24 Cathedral Road
Cardiff
CF11 9LJ

SUPPORT AWYR LAS

Your North Wales NHS Charity

There are many ways in which you can help your local NHS Charity, either as an individual, a business, community group, school or other organisation:



Support the ward that's close to your heart with a regular gift or a one-off donation



Sponsor one of our priority projects and fundraise for a cause throughout the year



Take part in a fundraising event, or organise your own



Leave a gift in your will



Share the Charity's work on social media and encourage others to do the same

Text AWYR LAS to 70500 to give £5 now
100% of your donation will go to the charity

For more information about how you can get involved and make a difference for patients across North Wales, please contact the Awyr Las Support Team.

01248 384 395
awyrlas@wales.nhs.uk
awyrlas.org.uk



/awyrlascharity

The address of the charity and the corporate trustee's principal office is:

Awyr Las
Ysbyty Gwynedd
Penrhosgarnedd
Bangor
LL57 2PW

Awyr Las: The North Wales NHS Charity
Registered Charity Number 1138976





Cyfarfod a dyddiad: Meeting and date:	Health Board (Awyr Las Trustees) 23 rd January 2020						
Cyhoeddus neu Breifat: Public or Private:	Public						
Teitl yr Adroddiad Report Title:	Regulatory Update and Charity Guidance January 2020						
Cyfarwyddwr Cyfrifol: Responsible Director:	Sue Hill, Executive Director Of Finance						
Awdur yr Adroddiad Report Author:	Kirsty Thomson, Head of Fundraising						
Craffu blaenorol: Prior Scrutiny:	No prior scrutiny						
Atodiadau Appendices:	None						
Argymhelliad / Recommendation:							
The Health Board is asked to note the report.							
Please tick one as appropriate (note the Chair of the meeting will review and may determine the document should be viewed under a different category)							
Ar gyfer penderfyniad /cymeradwyaeth For Decision/ Approval	<input type="checkbox"/>	Ar gyfer Trafodaeth For Discussion	<input type="checkbox"/>	Ar gyfer sicrwydd For Assurance	<input type="checkbox"/>	Er gwybodaeth For Information	✓
Sefyllfa / Situation:							
The purpose of this report is to provide the Awyr Las Trustees with an update on regulatory changes and new charity guidance introduced over the past 12 months.							
Cefndir / Background:							
<p>The Head of Fundraising provides an annual update for the Awyr Las Trustees on changes to charity regulation and all new guidance published that is of relevance to the charity. Over the past year the following new guidance and changes in regulation within the charity sector have been published:</p> <ol style="list-style-type: none"> 1. Charity Ethical Principles, published in January 2019 by the NCVO; this is non-mandatory guidance which relates to all charities 2. Guidance for Charities with a connection to a non-charity, published in March 2019 by the Charity Commission; this is mandatory and relates to all charities 3. Updated GDPR Guidance, published in April 2019 by the Institute of Fundraising; this guidance offers advice on how to ensure compliance with mandatory General Data Protection Regulation 4. New Fundraising Code of Practice, published in October 2019 by the Fundraising Regulator; this mandatory new code outlines what is mandatory for fundraising organisations and individuals and what organisations and individuals should do. <p>Details of the above guidance are included below, along with a summary of what needs to happen to implement the guidance.</p>							

Asesiad / Assessment & Analysis

Strategy Implications

The Awyr Las Support Team is committed to ensuring both the team and all those acting on behalf of the charity are operating in line with regulation and guidance provided by the Charity Commission, the Fundraising Regulator, Institute of Fundraising and the National Council of Voluntary Organisations.

Financial Implications

Should the Awyr Las Support team or any of those acting on behalf of the charity not act in accordance with regulation, financial penalties may be imposed which might result in donations reducing as a consequence of a lack of confidence in the governance of the charity.

Risk Analysis

Challenge	Risk Associated	What could happen?	Existing Control Measures	Current Risk Rating (High / Medium / Low)	Action Required	Included on BCUHB Main Risk Register
New regulation / guidance is introduced and the charity does not respond and put provision in place to ensure the charity is compliant.	Financial and other penalties, loss of confidence in the charity leading to reduction in donations and support.	Less life changing grants can be awarded as a result of a loss in charitable income.	Head of Fundraising (HoF) keeps abreast of all Charity Commission, Fundraising Regulator and other organisations' changes and implements new processes / guidance for the team and fundraisers as necessary.	Low	Currently HoF reports major changes in to the Charitable Funds Committee (CFC, quarterly) and then to the Trustees (annually) HoF to continue to monitor updates in the sector and report in to the CFC and Trustees	No

Legal and Compliance

The following regulatory updates and charity guidance issued in 2019 should be noted by the Awyr Las Trustees.

1. January 2019 Charity Ethical Principles

The National Council of Voluntary Organisations (NCVO) published the Charity Ethical Principles. There are four essential principles:

- A) Beneficiaries first
- B) Integrity
- C) Openness
- D) Right to be safe

For more information, please see: www.ncvo.org.uk/policy-and-research/ethics/ethical-principles

The Head of Fundraising is responsible for ensuring that these principles are considered in all aspects of the charity's work.

2. March 2019 Guidance for Charities with a connection to a non-charity

The Charity Commission issued guidance for charities with a connection to a non-charity in order for charities to better understand how they must manage and review connections to a non-charity.

For more information, please see: <https://www.gov.uk/guidance/guidance-for-charities-with-a-connection-to-a-non-charity>

The Head of Fundraising is aware of this new guidance and has ensured that Awyr Las is compliant:

A) The guidance states that a charity must be able to show that everything a charity does helps to achieve the purposes for which it is set up, for the public benefit. All grant applicants have to demonstrate the impact that a grant will have on patients, and the Awyr Las Support Team has to consider the impact that its activity will have on beneficiaries, benefactors, staff and volunteers whilst new events and activity are being planned.

B) The guidance states that a charity's connection to, and work with, non-charities must always further its purposes. The Awyr Las Collaborative Working Protocol (see <http://howis.wales.nhs.uk/sitesplus/861/page/49387>) ensures this is the case, because all non-charities that work with a representative of Awyr Las must agree to the terms of a Joint Working Agreement.

C) Awyr Las has separate Financial Procedures from BCUHB and operates in accordance with the Charity Commission's NHS Charities Guidance (see <https://www.gov.uk/government/publications/nhs-charities-guidance/nhs-charities-guidance>), in line with this new guidance, which states that a charity must be independent of any connected non-charities it works or operates with.

3. April 2019 Updated GDPR Guidance

The Institute of Fundraising updated its GDPR guidance.

For more information, please see: <https://www.institute-of-fundraising.org.uk/blog/gdpr-what-we-didnt-know-last-year/>

The Head of Fundraising is aware of this new guidance and continues to ensure Awyr Las is GDPR compliant. The new guidance provides advice, giving new information around minimising data

protection risks and it suggests how a charity can assess whether it has a legitimate interest for carrying out direct marketing under GDPR. The GDPR basics for fundraising practice, which are mandatory, have not changed as a result of this new guidance. The useful information included in this guidance has been shared with Awyr Las Support Team members. Current Awyr Las Support Team activity hasn't been affected by the introduction of the guidance, though it has been used to help determine how future direct mailing activity will be carried out.

4. October 2019, New Fundraising Code of Practice

The Fundraising Regulator issued a new Fundraising Code of Practice.

For more information, please see: <https://www.fundraisingregulator.org.uk/code> October 2019

The Head of Fundraising has made the Awyr Las Support Team and the Charitable Funds Committee aware of this new code and a review of all of the charity's Standard Operating Procedures is underway to ensure they are all compliant with the new Code of Practice. This review will be completed by March 2020. All significant changes to finance and fundraising procedures will be presented to the Charitable Funds Committee and will not be implemented without the approval of the Committee.

5. October 2019, Safeguarding and protecting people for charities and trustees

The Charity Commission updated its guidance on safeguarding duties for charity trustees. The sections that were updated included when to consider DBS checks and how to put in to practice policies and procedures along with new sector resource signposting. The guidance emphasises that safeguarding responsibilities and protecting people must be a governance priority for all charities. The new guidance recommends some key sources for best practice for charities: NCVO's safeguarding resource and Bond's 'Good governance for safeguarding'.

For more information, please see: <https://www.gov.uk/guidance/safeguarding-duties-for-charity-trustees>

The Head of Fundraising is aware of these updates and is satisfied that the charity is compliant with the guidance for the following reasons:

- A) The updated guidance states that trustees must take reasonable steps to protect from harm people who come into contact with your charity. All activity carried out on behalf of the charity is done by BCUHB members of staff or registered BCUHB volunteers, who have all been through rigorous checks before becoming part of BCUHB, and who have to comply with BCUHB policies and procedures.
- B) The guidance states that If a charity has staff or volunteers it must have a clear code of conduct, and that the charity must make sure that trustees, staff and volunteers are suitable and legally able to act in their positions. All staff must follow the BCUHB staff code of conduct and Independent Members and official volunteers agree to adhere to BCUHB policy.
- C) All guidance relating to working overseas has been passed on to the Board Secretary to ensure that all members of the BCUHB International Health Group are aware of what they must do when volunteers representing BCUHB and Awyr Las are abroad.

Impact Assessment

Individual impact assessments are carried out on all changes required due to new guidance / regulation as these changes are implemented.



Awyr Las Blue Sky

Elusen GIG Gogledd Cymru
The North Wales NHS Charity

Cyfarfod Ymddiriedolwyr Awyr Las Awyr Las Trustees Meeting

Dydd Iau 23 Ionawr 2020
Thursday 23rd January 2020



/awyrlascharity



/awyrlascharity



/awyrlascharity

Cyfrifon ac Adroddiad Blynyddol Awyr Las

Awyr Las Annual Accounts and Report



Diweddariadau
Rheoleiddio a
Chanllawiau
Elusennau yn
2019

Regulatory
Updates and
Charity Guidance
in 2019



Grantiau Awyr
Las

Awyr Las Grants

Grantiau Dros
£5,000

Grantiau
Calonnau a
Meddyliau

Grantiau Mi
Fedraf

Cronfa Grantiau
Profiad Staff

Grantiau Penodol

Grants Over
£5,000

Hearts and Minds
Grants

I CAN Grants

Staff Experience
Grants Fund

Specific Grants



Blaenoriaethau
Awyr Las

Ceisiadau Grant
Bach

Gofal Canser

Pobl Hŷn

Pobl Iau

Mi Fedraf

Small Grant
Requests

Cancer Care

Older People

Younger People

I CAN

Awyr Las
Priorities



Digwyddiadau
a
gweithgareddau
allweddol Awyr
Las

Awyr Las key
events and
activities

Te Mawr y GIG (2
wythnos tua 5
Gorffennaf)

Loteri Staff

Adroddiad Effaith
10 Mlynedd

NHS Big Tea (2
weeks around 5th
July)

Staff Lottery

10 Year Impact
Report



Gwasanaeth Gwirfoddol Maelor
Maelor Voluntary Service

Urdd Cyfeillion Ysbyty Glan Clwyd
League of Friends Glan Clwyd Hospital

Cefnogaeth i
grwpiau trydydd
sector ledled
Gogledd Cymru

Support for
third sector
groups across
North Wales



Urdd Cyfeillion Ysbyty Cymuned Glanardyfrfwy
Deeside Community Hospital League of Friends

Urdd Cyfeillion Ysbyty Bryn Beryl
Ysbyty Bryn Beryl League of Friends



Prif Amcan
Awyr Las ar
gyfer 2020

Awyr Las Key
objective for
2020

Gwella
ymwybyddiaeth
fewnol ac allanol o
Awyr Las

Improve internal
and external
profile of Awyr Las

